Neurodevelopmental Service

COMMUNITY CONNECTOR SESSION

Libby Williams Joanne Challenger Sarah Halliday









Who are we?





Deliver drop-ins specific to your local area



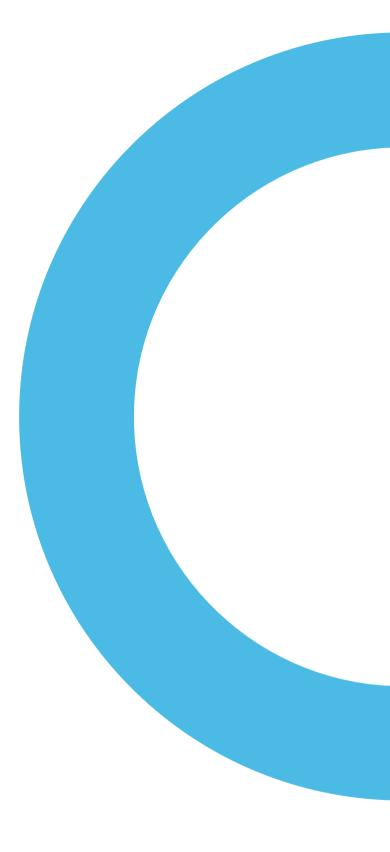
Pilot project funded by the Welsh Government

Supporting families/carers of children aged 0-11 who are **on the waiting list** for a Neurodevelopment assessment

Signpost to **services** and **support** that can be accessed without a formal diagnosis

Services & Support VALE OF GLAMORGAN







Families First

The Families First Advice Line is the first point of contact for parents, carers and professionals who have, or are working with children age 0-18 residing in the Vale of Glamorgan.

<u>Families First Advice Line</u> (valeofglamorgan.gov.uk)







The Index

Working together to keep families up to date with services, support and activities for children and young people with disabilities or additional needs across the Vale of Glamorgan.



<u>The Index</u> (valeofglamorgan.gov.uk)

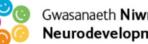


Activities



<u>www.apcymru.org.uk</u>





Gwasanaeth Niwroddatblygiadol **Neurodevelopmental** Service





valueinthevale.com/charities/life/

Behaviour that Challenges Help/Support

Understanding Behaviour That Challenges Webinar

Behaviour Support Hub behavioursupporthub.org.uk

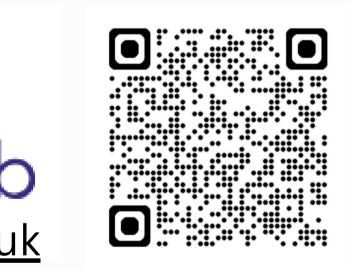




<u>www.challengingbehaviour.org.uk</u>







The Challenging Behaviour Foundation

Communication Help/Support

Children's Speech and Language Therapy



<u>keepingmewell.com/childrens-support-</u> <u>services/childrens-speech-and-</u> <u>language-therapy/</u>





<u>www.afasic.org.uk/slcn/</u>



Speech and Language UK Changing young lives.

Occupational Therapy

keepingmewell.com/childrens-supportservices/occupational-therapy-for-children-and-youngpeople/



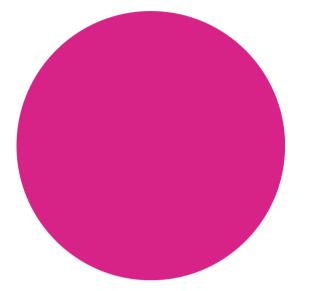
We have developed resources to empower families with ideas and advice and also have produced two 30 minute video workshops:

Understanding How Children Develop Occupations

Understanding How Children Use Their Senses To Regulate For Learning And Play

Please scan this QR code to find out more about the service.

Bwrdd lechyd Prifysgol GIG Caerdydd a'r Fro Cardiff and Vale VHS University Health Board



Advice Line

Tel: 02921 836888

Who can access the Advice Line: Parents, teachers, health or social care professionals of children and young people who live in Cardiff and Vale and who want to find out how to support participation in, and development of occupational skills.

What can I expect: You will talk with an occupational therapist who will aim to provide you with practical advice, strategies, signposting and support which will enable you and your child to progress daily living skills.



Before you call, scan the QR code to find out more about occupational therapy for children and young people and to access our online resources.

When is the Advice Line available: Tuesday and Thursday between 12.00 and 2.00pm













www.snapcymru.org

SNAP

cymru

0808 801 0608



Sleep Help/Support

(EKEKKA Working wonders for children

with brain conditions

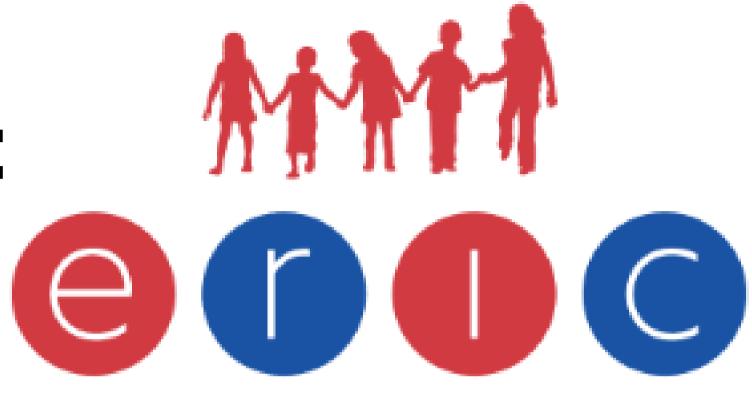
<u>cerebra.org.uk/get-advice-support/sleep-advice-service/</u>





Toileting Help/Support





The Children's Bowel & Bladder Charity eric.org.uk/children-with-additional-needs/

Bladder & Bowe

www.bbuk.org.uk/children-young-people/









Wellbeing, parent/carer support



Caerdydd a'r Fro Cardiff and Vale

Coleg Adfer a Lles Recovery & Wellbeing College

https://cavuhb.nhs.wales/recovery-college



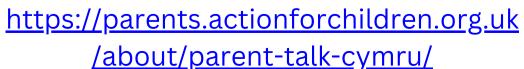




www.carersuk.org/wales











Gwasanaeth **Niwroddatblygiadol Neurodevelopmental** Service

www.barnardos.org.uk/get-support/services/childrens-autism-support-service-vale-glamorgan

Support Parents' Ffederasiwn Federation Rhien

www.parentsfed.org





www.affinityhub.uk/1/Welcome.html





Contact For families with disabled children

Helpline 0808 808 3555

Eventbrite Page



Parent/carer free Workshops

www.eventbrite.co.uk/cc/contact-cymru-3039619



Listening Ear Service Parent/carer emotional Support





ARE YOU A STRUGGLING PARENT CARER?

Our FREE Building Resilience service is here for you!

We provide emotional support, advice and ideas to help you cope. Appointments are free, confidential and over the phone or online with one of our friendly family support advisers.

Emotional support | Signposting to local services Build resilience | Get motivated!

Our parent advisers are all parents of children and young people with disabilities, plus they have a huge wealth of professional experience.

To find out more, please contact
(a) sophie.barker@contact.org.uk (a) 07990 234 440

Contact For families with disabled children I deuluoedd gyda phlant anabl

Do you need support with your child's emotional and mental health?



We offer support and a listening ear to help you navigate your families wellbeing and mental health. We provide:

- Free confidential one to one support from a trained parent volunteer over 6 to 8 weeks
- Advice, guidance and signposting as well as access to online services and group support

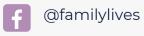
For more information about this service, please email CharlotteW@familylives.org.uk or call on 07739 788115

We build better family lives together

www.familylives.org.uk



Bwrdd Iechyd Prifysgol Caerdydd a'r Fro Cardiff and Vale niversity Health Board



Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No.1077722. Registered address: The Annex York House, Salisbury Square, Hatfield, Hertfordshire, AL9 5AD





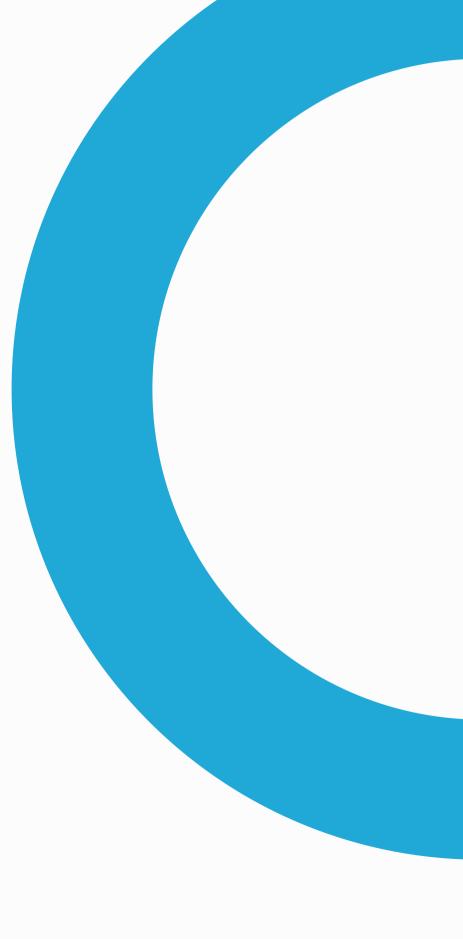
Self-Referral Form







& Mental Health Lles Emosiynol ac lechyd Meddwl





Cymorth Niwroamrywiol drwy Linell Gymorth C.A.L.L. Cymru

Neurodivergence support via the C.A.L.L. Helpline Wales

C.A.L.L

Os oes gennych bryderon neu ofidiau yn ymwneud â niwroamrywiaeth ffoniwch neu anfonwch neges destun i Linell Gymorth C.A.L.L. sydd bellach yn darparu llinell wrando sy'n lle diogel, cyfrinachol i siarad am materion yn ymwneud â niwrowahaniaeth. Gallwch hefyd gael eich cyfeirio at lenyddiaeth neu wybodaeth gwasanaeth i gefnogi unigolion niwroamrywiol, eu teuluoedd a'u ffrindiau.

Mae modd defnyddio Llinell laith ddehongli i gefnogi galwyr sy'n methu (neu sy'n ffafrio peidio) siarad Cymraeg neu Saesneg.

If you have any worries or concerns relating to neurodivergence ring or text the C.A.L.L. Helpline who are now providing a confidential listening line which is a safe space to talk about matters relating to neurodivergence. You can also be signposted to literature or service information to support neurodivergent individuals, their families and friends. An interpretation service Language

Line can be used to support callers who cannot (or prefer not to) speak English or Welsh.

Text/Testun: Help a / Help to: 81066 $(\Box$

0800 132 737 (L

callhelpline.org.uk (₽)





<u>neurodivergencewales.org/en/</u>

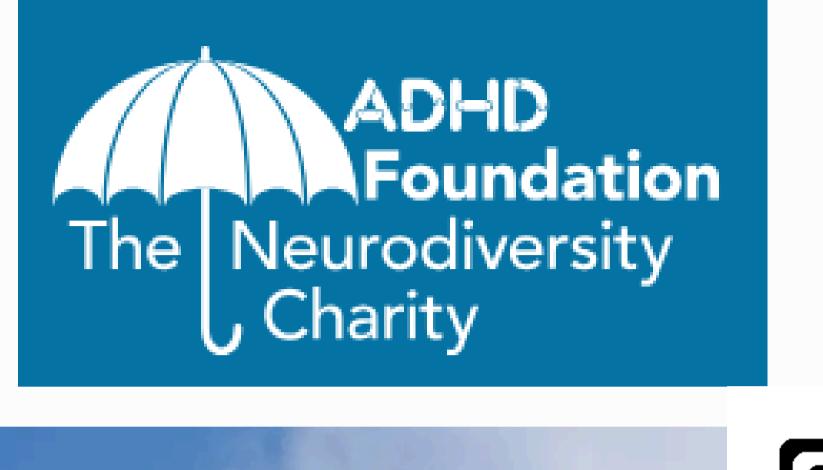
Parent & carer virtual advice sessions

Nintowahaniaeth Ching

10 Urodivergence Nales

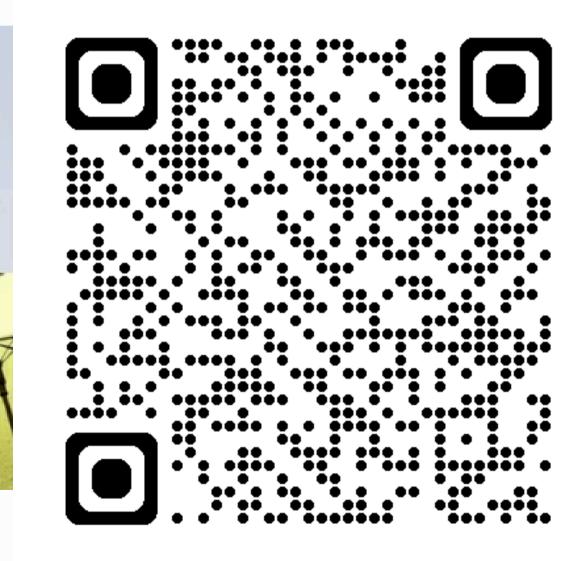






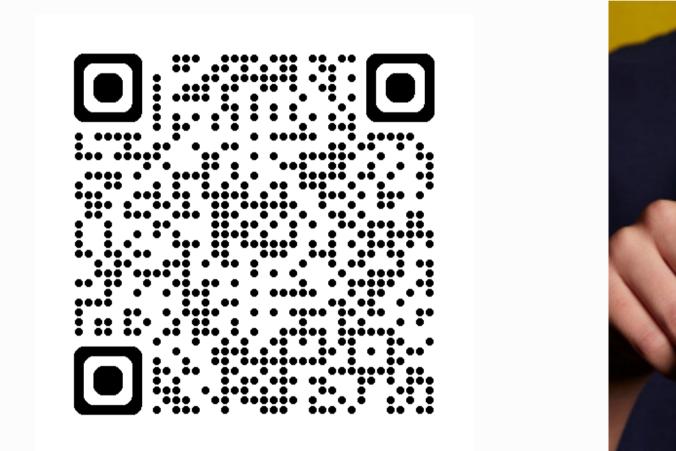


https://www.adhdfoundation.org.uk/





disabilities



A symbol for non-visible disabilities (hdsunflower.com)







RAINBOW GROUP

Children Under 5

For children under 5 with Additional Needs

Every Thursday, 10-11.30am

Ty Robin Goch, Barry, CF63 IQB

meet new friends support and information singing and rhymes sensory play soft play music and movement

TERM TIME ONLY







07596 889100 / 01446 732180



Early Years ALN Team



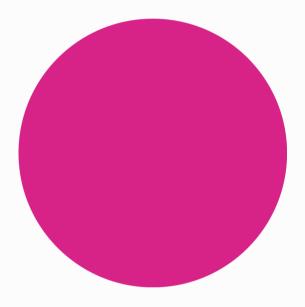


Gwasanaeth Niwroddatblygiadol Neurodevelopmental Service

Community Connectors



Email: nd.communityconnections.cav@wales.nhs.uk





There is support available whilst you are on the waiting list.



Gwasanaeth Niwroddatblygiadol Neurodevelopmental Service

Your child does not need to have a diagnosis to access this support.

Summary

Thank You!

Community Connectors -Neurodevelopmental Drop-in Post Session Survey 2024



