

Neurodevelopmental Service

COMMUNITY CONNECTOR SESSION

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Who are we?



Pilot project funded by the Welsh Government

Supporting families/carers of children aged 0-11 who are **on the waiting list** for a Neurodevelopment assessment

Signpost to **services** and **support** that can be accessed **without a formal diagnosis**

Deliver **drop-ins** specific to your **local area**



Services & Support

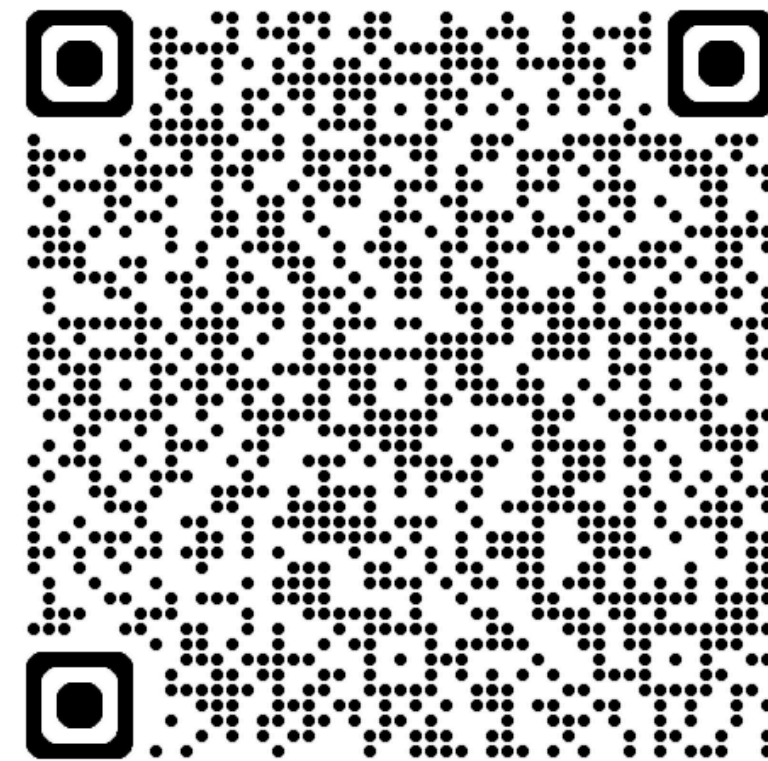
VALE OF GLAMORGAN

01

Families First

The Families First Advice Line is the first point of contact for parents, carers and professionals who have, or are working with children age 0-18 residing in the Vale of Glamorgan.

[Families First Advice Line](http://valeofglamorgan.gov.uk)
(valeofglamorgan.gov.uk)

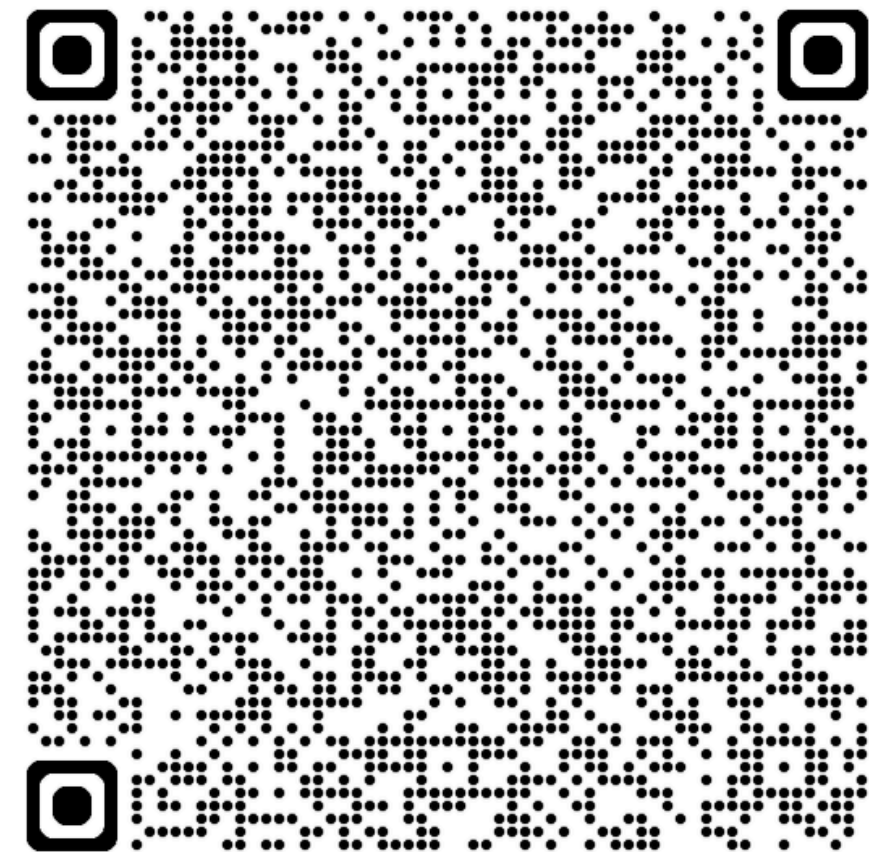


02

The Index

Working together to keep families up to date with services, support and activities for children and young people with disabilities or additional needs across the Vale of Glamorgan.

[The Index](http://valeofglamorgan.gov.uk)
(valeofglamorgan.gov.uk)



Cube

2 Broad Street, Barry, CF62 7AA

Phone: **07801 978676**

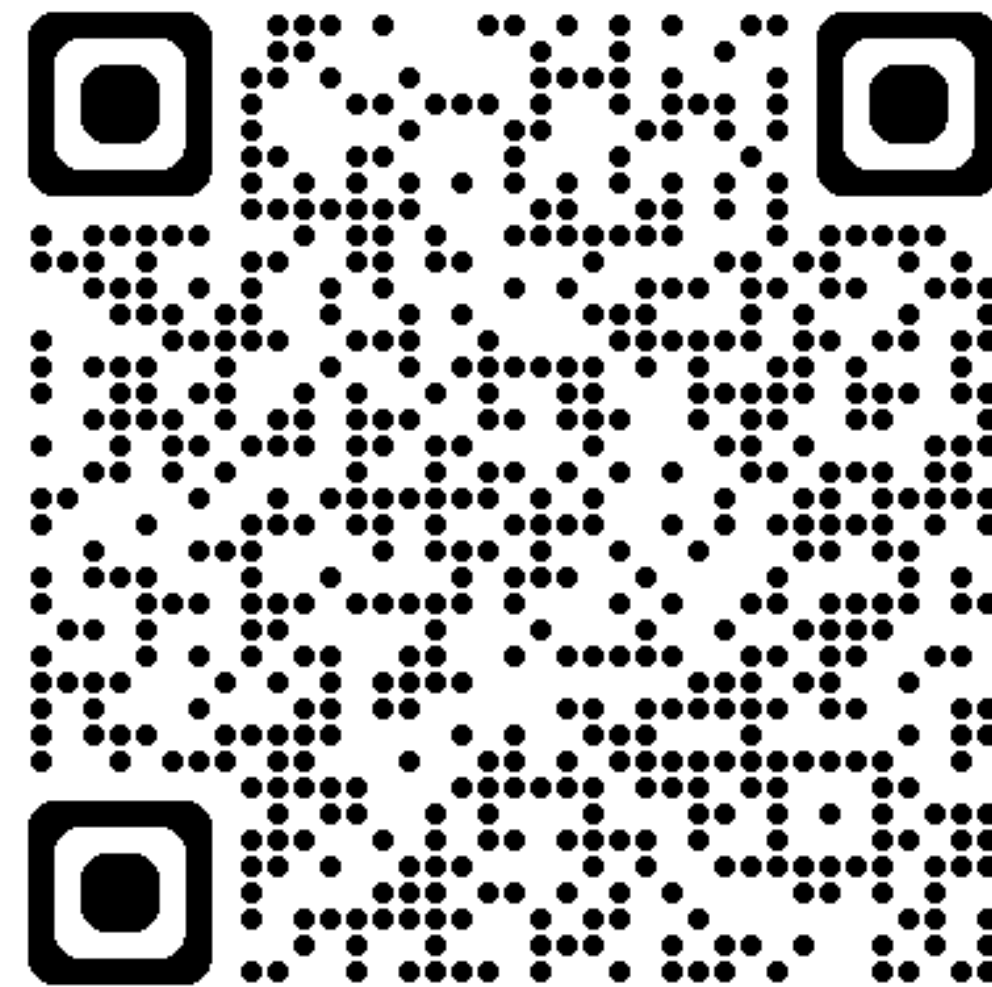
Email: **tammi@cubecentre.co.uk**



Cube work with young people aged **6-18** who are struggling at school, at home and with their friendship groups.

You don't need someone to refer you, everyone can **self-refer**.

They offer support groups, workshops & 1:1 support.

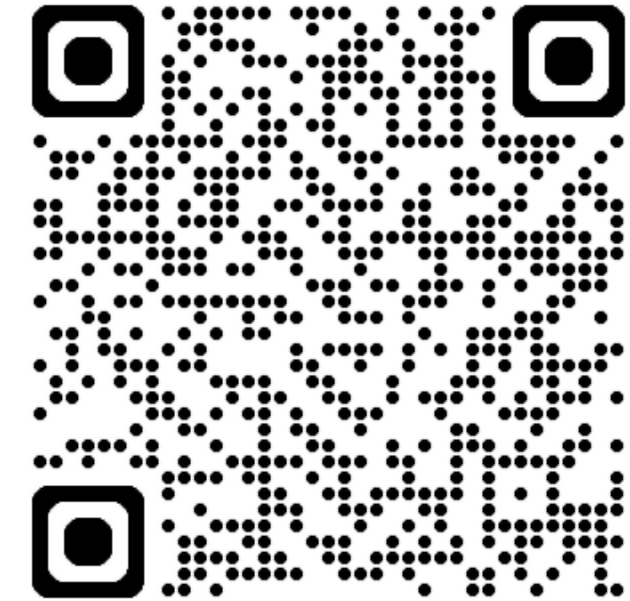


For more information and their self-referral form please visit their **website**

Activities



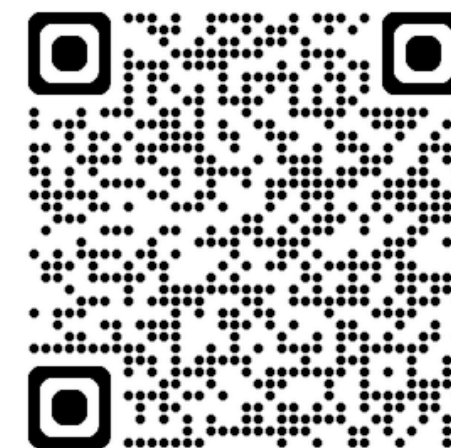
www.apcymru.org.uk



valueinthevale.com/charities/life/

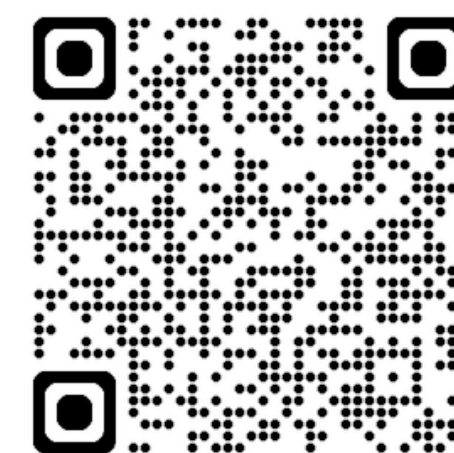
Behaviour that Challenges Help/Support

Understanding Behaviour That Challenges Webinar



**Behaviour
Support Hub**

behavioursupporthub.org.uk



**The Challenging
Behaviour Foundation**

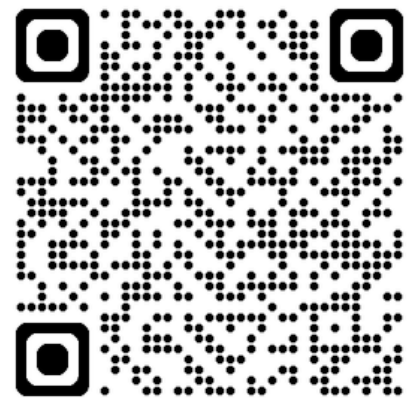
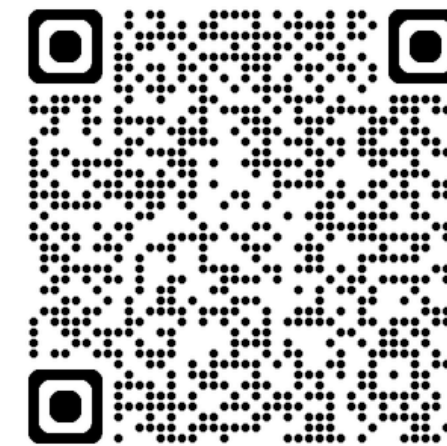
www.challengingbehaviour.org.uk

Communication Help/Support

Children's Speech and Language Therapy

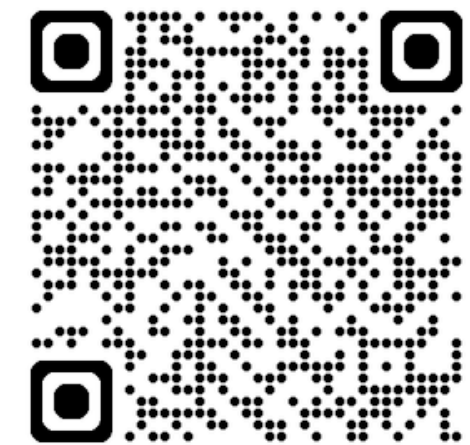


keepingmewell.com/childrens-support-services/childrens-speech-and-language-therapy/



www.afasic.org.uk/slcn/

**Speech and
Language UK** 
Changing young lives.



speechandlanguage.org.uk/help-for-families/



Occupational Therapy



keepingmewell.com/childrens-support-services/occupational-therapy-for-children-and-young-people/

We have developed resources to empower families with ideas and advice and also have produced two 30 minute video workshops:

Understanding How Children Develop Occupations

Understanding How Children Use Their Senses To Regulate For Learning And Play

Please scan this QR code to find out more about the service.

Occupational Therapy for Children & Young People
Therapi Galwedigaethol i Blant a Phobl Ifanc

Advice Line

Tel: 02921 836888



Who can access the Advice Line: Parents, teachers, health or social care professionals of children and young people who live in Cardiff and Vale and who want to find out how to support participation in, and development of occupational skills.

What can I expect: You will talk with an occupational therapist who will aim to provide you with practical advice, strategies, signposting and support which will enable you and your child to progress daily living skills.

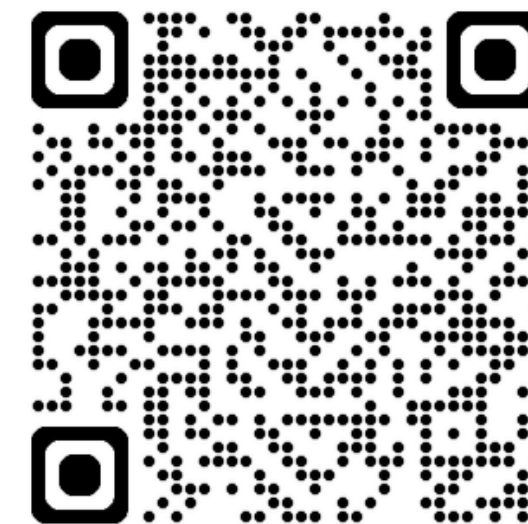
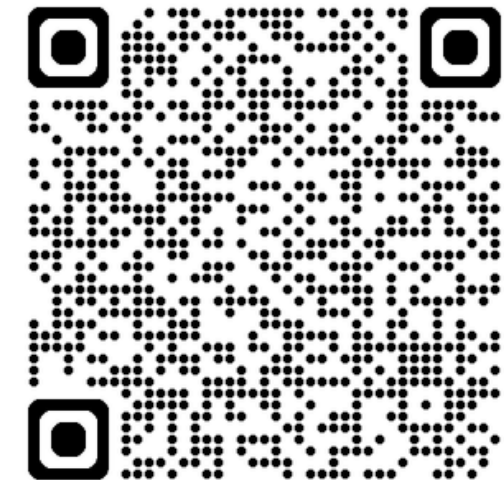


Before you call, scan the QR code to find out more about occupational therapy for children and young people and to access our online resources.

When is the Advice Line available: Tuesday and Thursday between 12.00 and 2.00pm

Education Help/Support

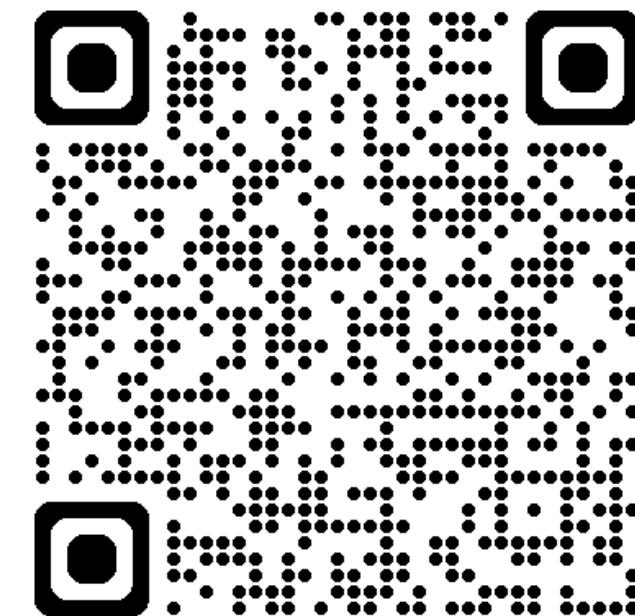
ALN Information,
Advice & Guidance



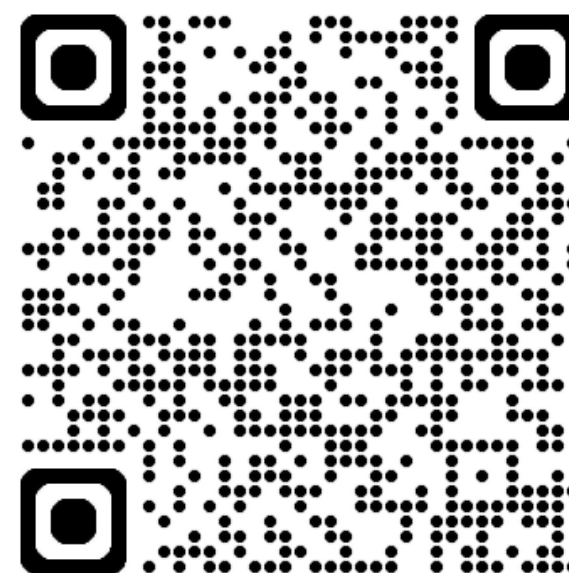
www.snapcymru.org

0808 801 0608

Sleep Help/Support

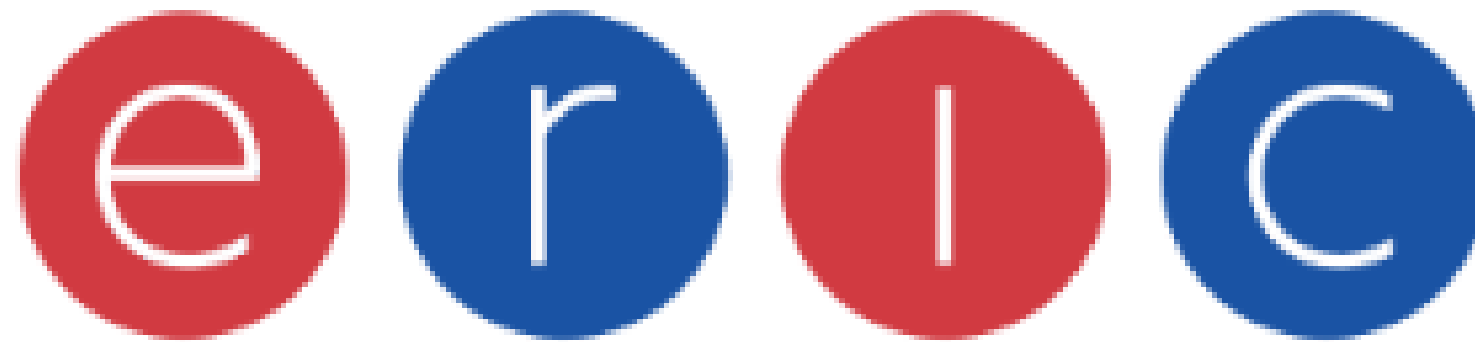
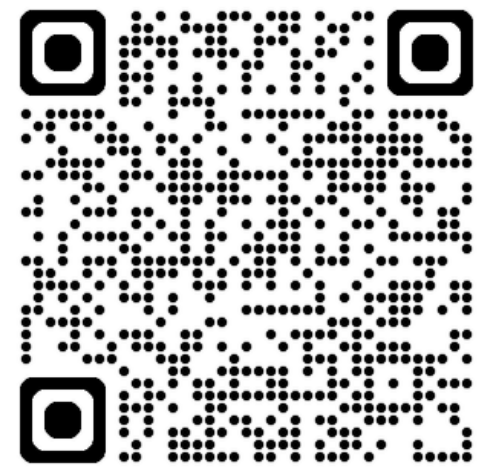


cerebra.org.uk/get-advice-support/sleep-advice-service/



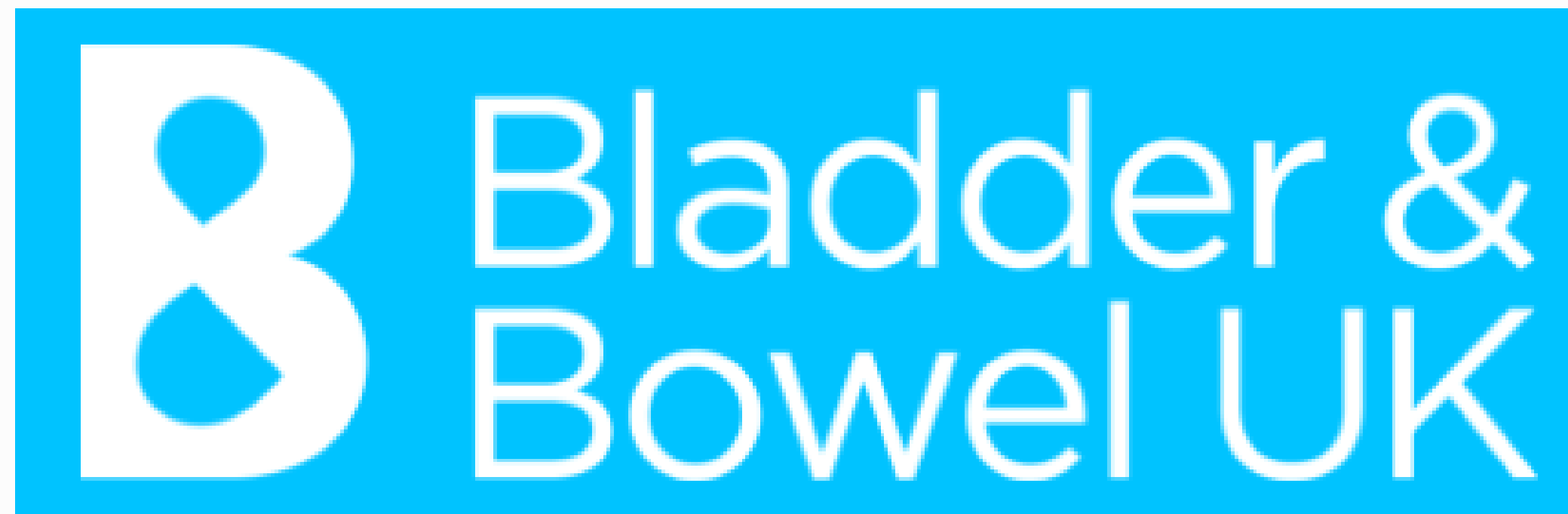
thesleepcharity.org.uk/information-support/children/

Toileting Help/Support



The Children's Bowel & Bladder Charity

eric.org.uk/children-with-additional-needs/



www.bbuk.org.uk/children-young-people/

Wellbeing, parent/carer support



Caerdydd a'r Fro
Cardiff and Vale

Coleg Adfer a Lles
Recovery &
Wellbeing College

<https://cavuhb.nhs.wales/recovery-college>



www.parentsfed.org

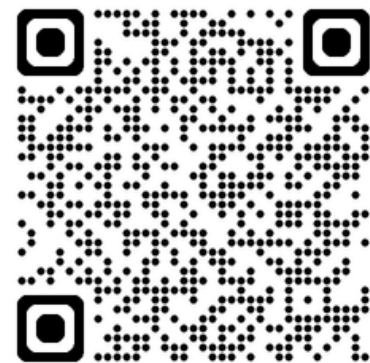


www.carersuk.org/wales

Carers assessment



www.affinityhub.uk/1/Welcome.html



<https://parents.actionforchildren.org.uk/about/parent-talk-cymru/>



www.barnardos.org.uk/get-support/services/childrens-autism-support-service-vale-glamorgan

contact

For families
with disabled children



Contact Cymru

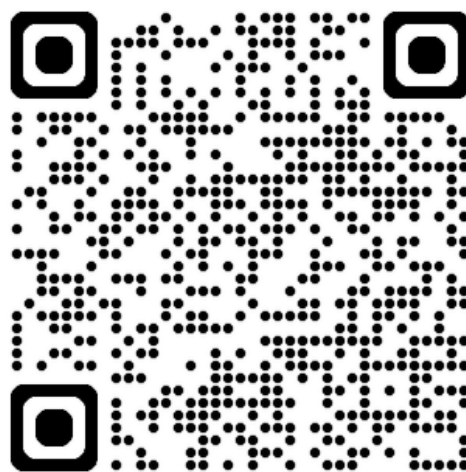
Helpline 0808 808 3555

Eventbrite Page



Parent/carer free Workshops
www.eventbrite.co.uk/cc/contact-cymru-3039619

Listening Ear Service
Parent/carer emotional
Support



 Gwasanaeth Niwroddatblygiadol
Neurodevelopmental Service



ARE YOU A STRUGGLING PARENT CARER?



Our FREE Building Resilience service is here for you!

We provide emotional support, advice and ideas to help you cope. Appointments are free, confidential and over the phone or online with one of our friendly family support advisers.

Emotional support | Signposting to local services
Build resilience | Get motivated!

Our parent advisers are all parents of children and young people with disabilities, plus they have a huge wealth of professional experience.

To find out more, please contact

 sophie.barker@contact.org.uk  07990 234 440



contact For families with disabled children
I deuluoedd gyda phlant anabl

Contact is a trading name of Contact a Family. Charity registered in England and Wales (264912) and Scotland (SC039169).



Self-Referral Form

Do you need support with your child's emotional and mental health?



We offer support and a listening ear to help you navigate your families wellbeing and mental health.

We provide:

- Free confidential one to one support from a trained parent volunteer over 6 to 8 weeks
- Advice, guidance and signposting as well as access to online services and group support

For more information about this service, please email CharlotteW@familylives.org.uk or call on **07739 788115**

We build better family lives together

www.familylives.org.uk

 @familylives



CYPF PPIT



Financial support

DLA- Disability Living Allowance



[Citizens advice](#)



[PDF DLA Guide](#)

Contact Cymru

[Information and support to fill out](#)



Uywodraeth Cymru
Welsh Government

C.A.L.L.



Cymorth Niwroamrywiol drwy Linell Gymorth C.A.L.L. Cymru

Neurodivergence support via the C.A.L.L. Helpline Wales

Os oes gennych bryderon neu ofidiau yn ymwneud â niwroamrywiaeth – ffoniwch neu anfonwch neges destun i Linell Gymorth C.A.L.L. sydd bellach yn darparu llinell wrando sy'n lle diogel, cyfrinachol i siarad am materion yn ymwneud â niwrowahaniaeth. Gallwch hefyd gael eich cyfeirio at lenyddiaeth neu wybodaeth gwasanaeth i gefnogi unigolion niwroamrywiol, eu teuluoedd a'u ffrindiau.

Mae modd defnyddio Llinell Iaith ddehongli i gefnogi galwyr sy'n methu (neu sy'n ffafrio peidio) siarad Cymraeg neu Saesneg.

If you have any worries or concerns relating to neurodivergence – ring or text the C.A.L.L. Helpline who are now providing a confidential listening line which is a safe space to talk about matters relating to neurodivergence. You can also be signposted to literature or service information to support neurodivergent individuals, their families and friends.

An interpretation service Language Line can be used to support callers who cannot (or prefer not to) speak English or Welsh.



Text/Testun: Help a / Help to: 81066



0800 132 737



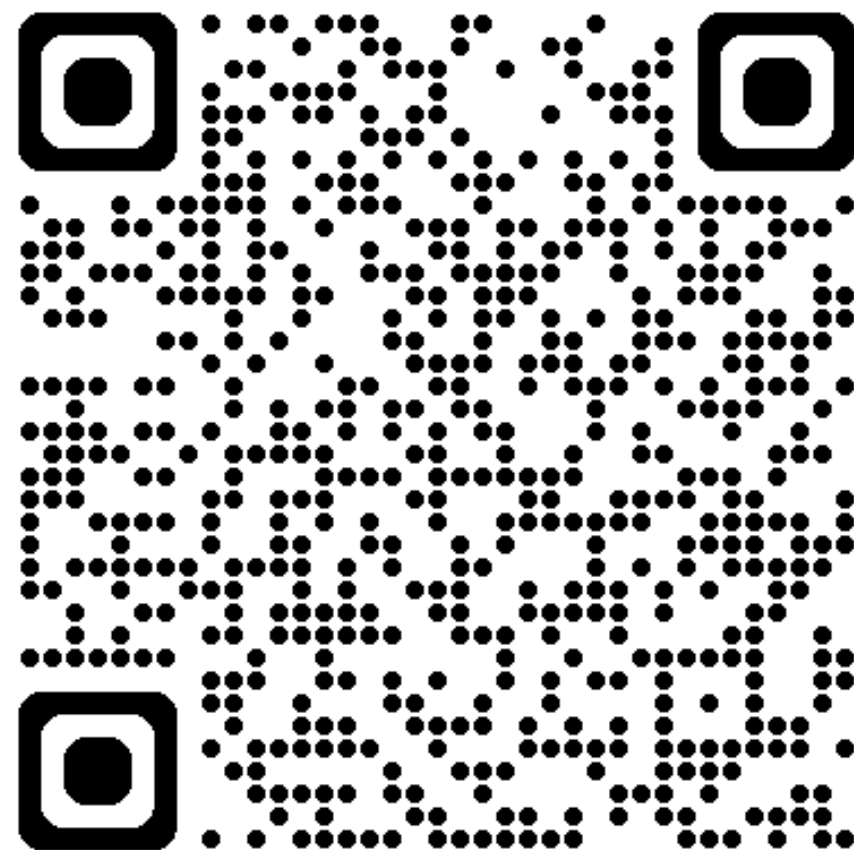
callhelpline.org.uk



Gwasanaeth Niwroddatblygiadol
Neurodevelopmental Service

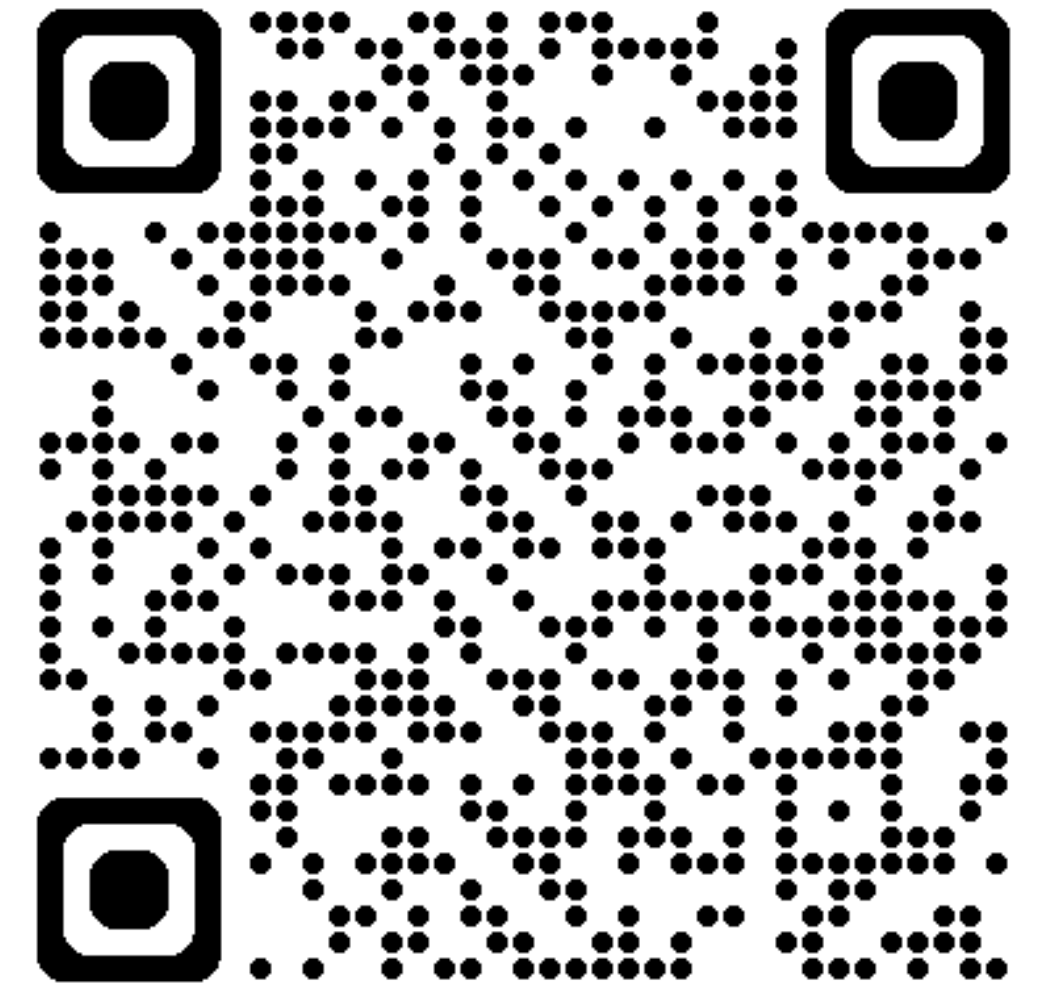


neurodivergencewales.org/en/



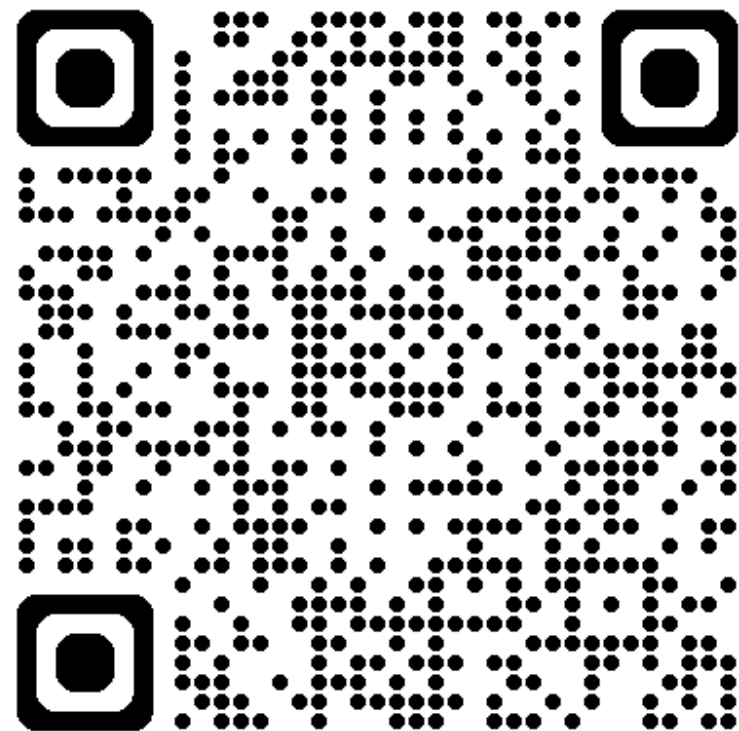
Parent & carer virtual
advice sessions





<https://www.adhdfoundation.org.uk/>

HIDDEN disabilities



A symbol for non-visible disabilities (hdsunflower.com)

Radar key



Dechrau'n Deg
Flying Start

Under 5's with additional needs

Term time only

Rainbow Group Drop In

Opportunity to meet new friends
Support and information for parents
Variety of sensory play activities

Tuesday's
1:15 - 2:45 pm
The Gathering Place,
St Athan
CF62 4JH

Thursday's
10:00 - 11:30 am
Ty Robin Goch,
Barry
CF63 1QB

For further information contact
Flying Start 01446 732180

VALE of GLAMORGAN
BRO MORGANNWG

Llywodraeth Cymru
Welsh Government

Children Under 5



VALE of GLAMORGAN
BRO MORGANNWG

EARLY YEARS

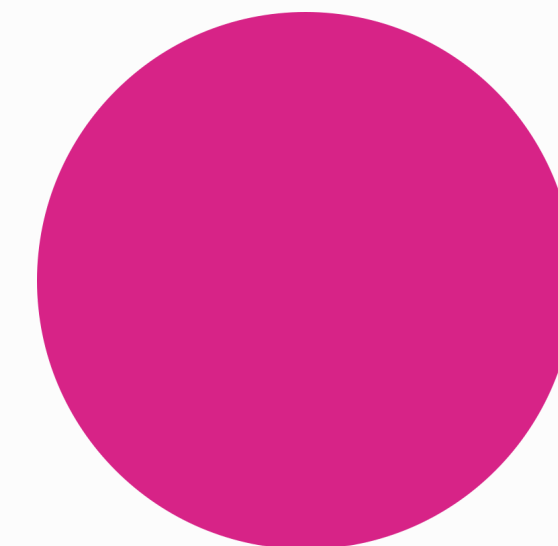
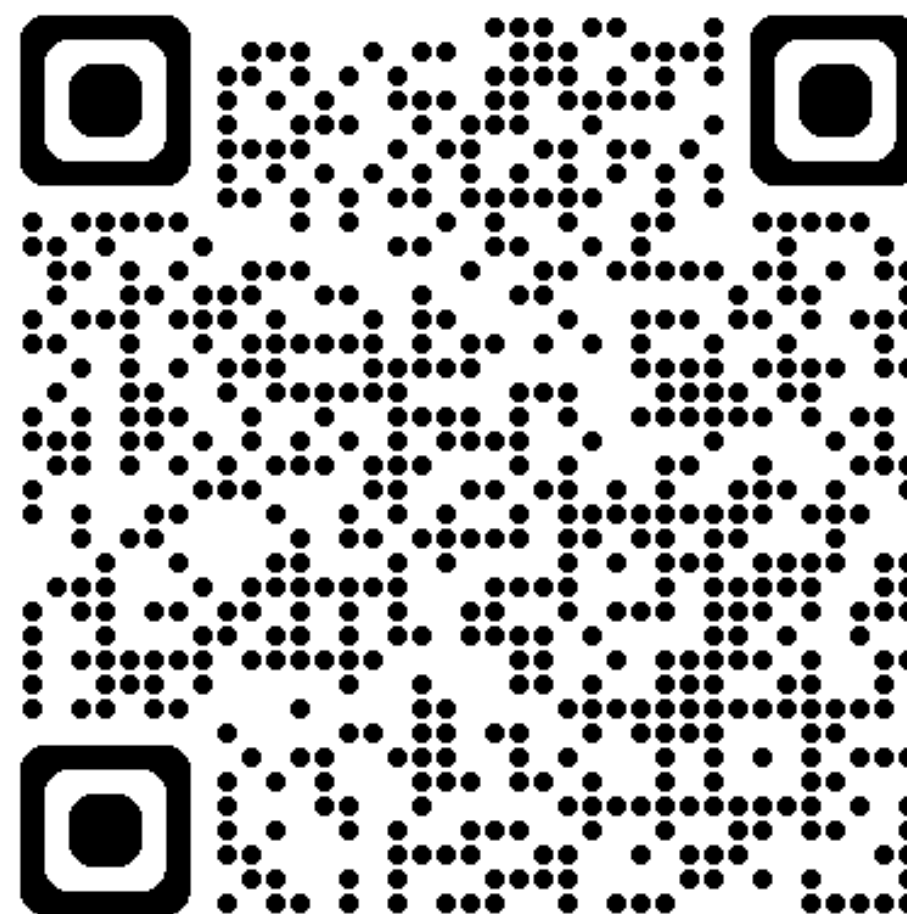
Additional Learning Needs Team

Early Years ALN Team



Gwasanaeth Niwroddatblygiadol Neurodevelopmental Service

Community Connectors



Email:

nd.communityconnections.cav@wales.nhs.uk



Gwasanaeth **Niwroddatblygiadol**
Neurodevelopmental Service

Summary

There is support available whilst you are on the waiting list.

Your child does not need to have a diagnosis to access this support.

Thank You!

Community Connectors -
Neurodevelopmental Drop-in Post
Session Survey 2024

