

**AVAILABLE NOW**

**ONLINE WORKSHOP FOR PARENTS & CARERS IN CARDIFF & THE VALE**

**This is exclusively for parents & carers of children aged 0-11 years who are on the Neurodevelopmental waiting list.**

**Managing a Meltdown Workshop**

- Date: Monday, March 17th  
Time: 10:00 AM - 12:30 PM**
- Date: Friday, March 28th  
Time: 10:00 AM - 12:30 PM**

**Location: Online  
Cost: Free**

**Book Now**



**Contact Us:  
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