



SCAN ME



ND Support at Home Start Cymru



Mae Home-Start Cymru yn deall y gall fod yn gyfnod heriol pan fydd eich plentyn ar y llwybr Datblygiad Niwro. Gall ein staff ymroddedig gynnig cymorth 1-1 i'ch helpu i reoli rhai o'r heriau hyn gartref.

Rydym yn anelu at:

- Cefnogi rhieni/gofalwyr i ddeall eu hanghenion nhw ac anghenion niwroddatblygiadol eu plant
- Darparu cymorth ymddygiad 1-1 darparu gwybodaeth, adnoddau ac offer ymarferol i gefnogi'r teulu darparu cyfleoedd i wella lles emosiynol trwy gefnogaeth cyfoedion/rhieni gyda phrofiad a rennir.

Mae ein cymorth wedi'i deilwra i'ch anghenion a byddwn yn gweithio gyda'n gilydd i gefnogi'r hyn sy'n bwysig i chi a'ch teulu.

Beth rydyn ni'n ei wneud orau:

- Cefnogi rhieni i ddarparu'r gofal gorau i'w plentyn.
- Darparu cymorth ymddygiad anfeiriadol i deuluoedd â phlant niwroddatblygiadol.
- Cefnogi teuluoedd i helpu i wella eu lles emosiynol a mwynhau perthnasoedd iach.

Sylwch nad ydym yn arbenigwyr clinigol mewn iechyd meddwl ac nid ydym yn darparu Ymyrraeth Argyfwng.

Gwybodaeth Bellach

Os oes gennych unrhyw gwestiynau am Home-Start Cymru, neu os hoffech ragor o wybodaeth am ein gwasanaethau cymorth yn eich ardal, sganiwch y cod QR trosodd neu e-bostiwch:

Am gefnogaeth benodol i niwroddatblygiadol, ffoniwch
07881483392 neu e-bostiwch ni ar
ndsupportcardiffandvale@homestartcymru.org.uk..

Home-Start Cymru understands that it can be a challenging time when your child is on the Neuro Development pathway. Our dedicated staff can offer 1-1 support to help you manage some of these challenges at home.

We aim to:

- Support parents/carers to understand theirs and their children's ND needs
- provide 1-1 behaviour support provide information, resources and practical tools to support the family provide opportunities to improve emotional wellbeing through peer support/parents with shared experience.

Our support is tailored to your needs and we will work together to support what is important to you and your family.

What we do best:

- Supporting parents to provide the best care for their child.
- Provide non-judgemental behaviour support to families with ND children.
- Support families to help improve their emotional wellbeing and enjoy healthy relationships.

Please note that we are not are not clinical experts in mental health and we do not provide Crisis Intervention.

Further Information

If you have any questions about Home-Start Cymru, or would like more information about our support services in your area, scan the QR code overleaf or email:

For ND specific support, please call 07881483392 or email us at
ndsupportcardiffandvale@homestartcymru.org.uk.

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