

What is Neurodiversity?

For parents and carers of children aged 0-11 years living in Cardiff and the Vale only on the Neurodevelopmental waiting list.

The session is for adults only.

Run by AP Cymru

Workshop Aims

The 'What is Neurodiversity' workshop is designed to help you better understand neurodiversity and how it affects your child's daily life.

We'll explore what neurodiversity means, common neurotypes such as ADHD and autism, and how to support and celebrate their unique strengths.



Location : Online Zoom



When : Thursday 3rd April 2025



Time : 10am-11am



This session is free of charge but please book a place via Eventbrite using the QR code or this link:

<https://www.eventbrite.co.uk/e/what-is-neurodiversity-tickets-1296072280079>