

Neurodevelopmental Service

COMMUNITY CONNECTOR SESSION

Sarah Halliday
Libby Williams



Who are we?



Pilot project funded by the Welsh Government

Supporting families/carers of children aged 0-11 who are **on the waiting list** for a Neurodevelopment assessment

Signpost to **services** and **support** that can be accessed **without a formal diagnosis**

Deliver **Drop-ins** specific to your **local area**



Our Aims



Introduce our team -
who we are and our **roles**



Provide an overview of
Neurodevelopment and
the **assessment pathway**



Your **waiting list journey** -
expectations of working
together



Provide **information** on
services and **support** that
are available to you, whilst
on the waiting list



Provide an opportunity for
you to **ask questions**, **meet**
other parents/carers and
find out about **different**
support services



What is Neurodevelopment (ND)?



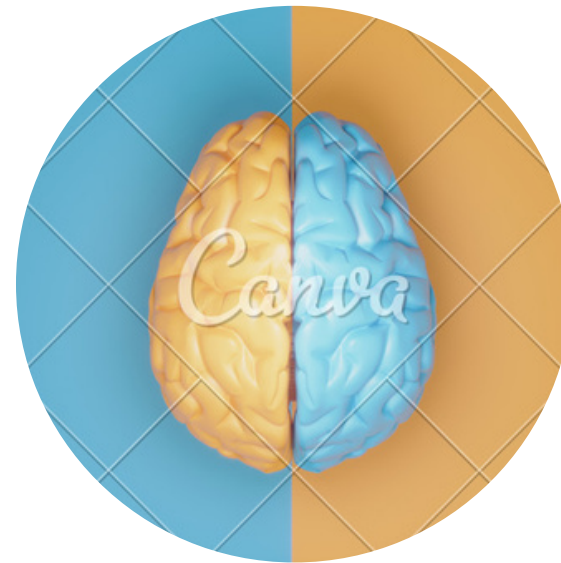
Neurodevelopment
means brain
development



The brain is a
complex organ and
brain development is
even more complex



The brain is like a ship
captain and controls
our physical body,
thoughts, emotions
and actions.



Everyone's
development will be
different



<https://www.youtube.com/watch?v=xsfml3yVh1g&t=3s>



What is neurodiversity?



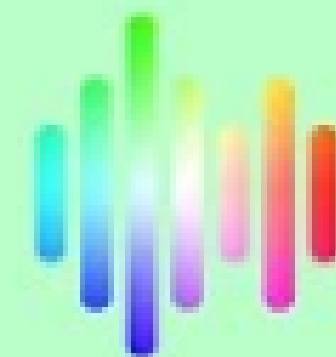
Share

WHAT IS

NEURODIVERSITY?

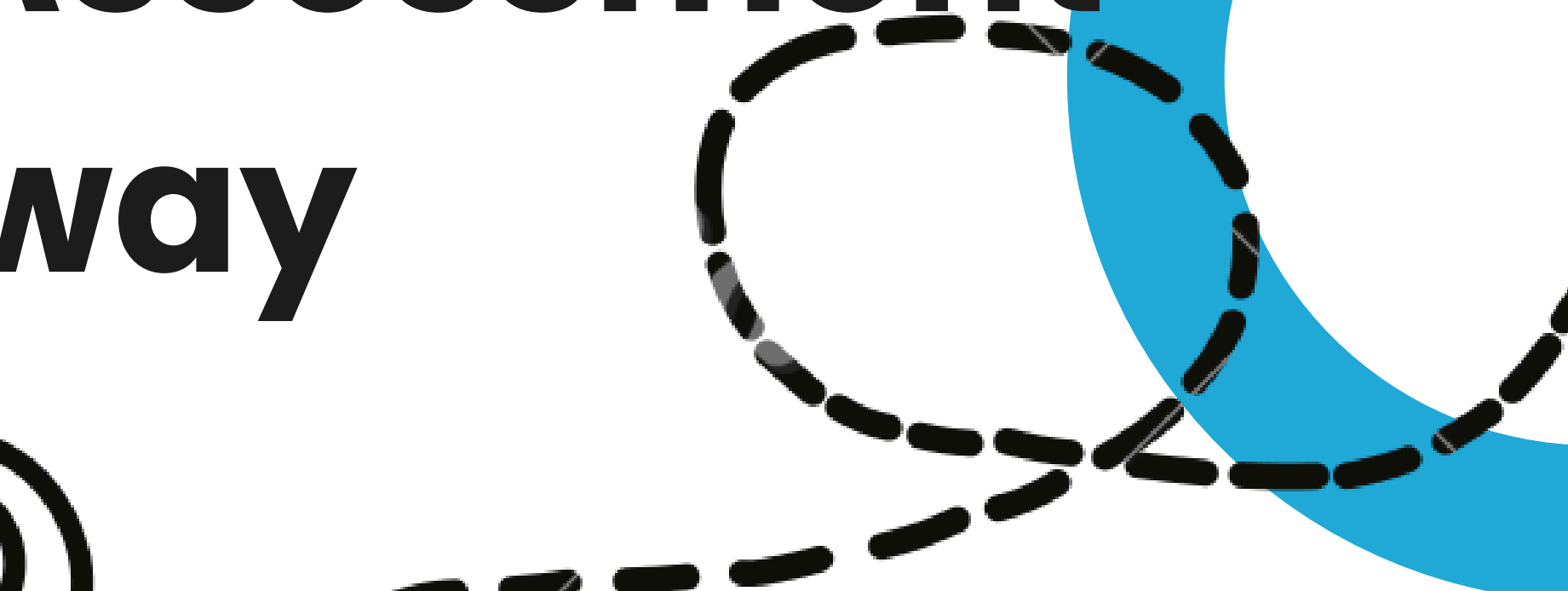



Watch on  YouTube



Differing Minds

The Neurodevelopmental Service and Assessment Pathway



- 
- Currently provides a diagnostic assessment service for children and young people up to the age of 18 for Neurodevelopment conditions including Autism Spectrum Condition (ASC) and Attention Deficit Hyperactivity Disorder (ADHD)
 - Not all children will receive a diagnosis outcome; we will work with a range of partners to ensure families receive the appropriate support to meet their needs
 - If you do receive a diagnosis, the ND service might continue to support where appropriate, or might work with our partners to ensure your ongoing needs are supported
 - The service has had significant growth in demand over the last 3 years which has resulted in longer waiting times for assessment with some waiting 3 and half years

1

You have been
referred for a
ND assessment

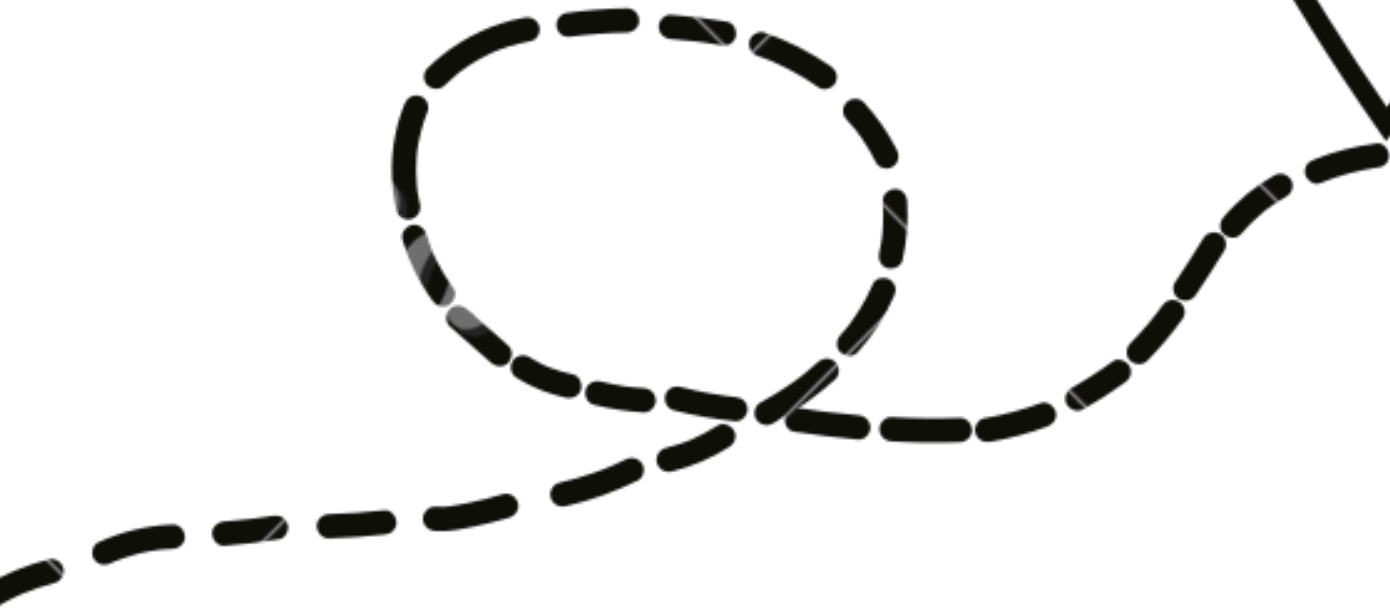
2

All
questionnaires
completed

3

You are waiting
for an
assessment

**You can access a Community Connector
to help support and signpost with any
challenges that you face**



Assessment



To understand your child's strengths and needs.



There are many reasons why a child may have certain challenges.



We aim to help you understand the reasons why.



The length of assessment depends on each individual child's needs.



Information is collected from questionnaires, parent interview, observations of your child and specific assessments.



It can take longer if specialist assessments are needed from e.g. Speech and Language, Occupational Therapy, paediatricians or clinical nurse specialists.

Possible Challenges



Education

Financial
difficulties

Access to
other services
and info on
ND journey

Sleep

Emotional
mental health
and wellbeing

Daily tasks
and activities

Behaviours
that challenge

Communication



Services & Support

CARDIFF



Gwasanaeth **Niwroddatblygiadol**
Neurodevelopmental Service

01

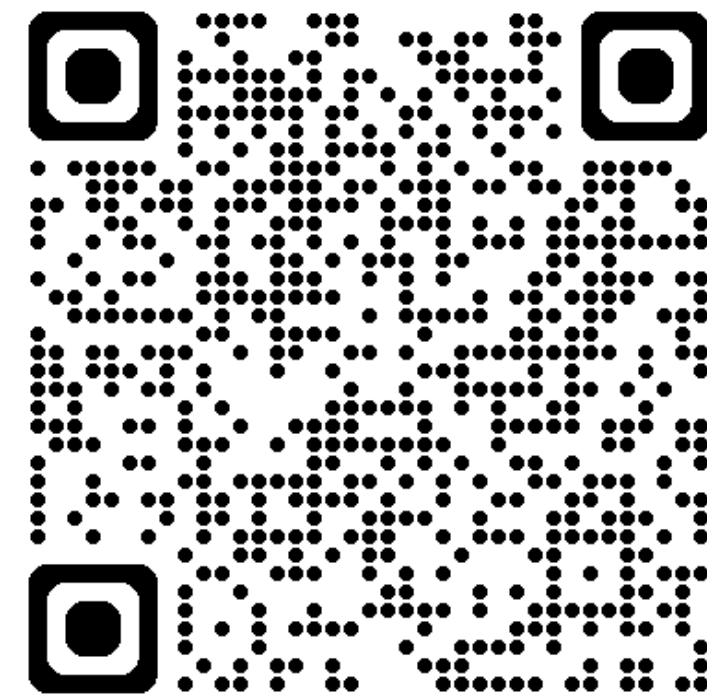
Family Gateway

Tel: 03000 133 133

Can refer to many different services including, the family help disability team, parenting groups, financial help, housing, 1:1 support, stay and play groups.

www.cardiffamilies.co.uk

Cardiff Family Advice and Support

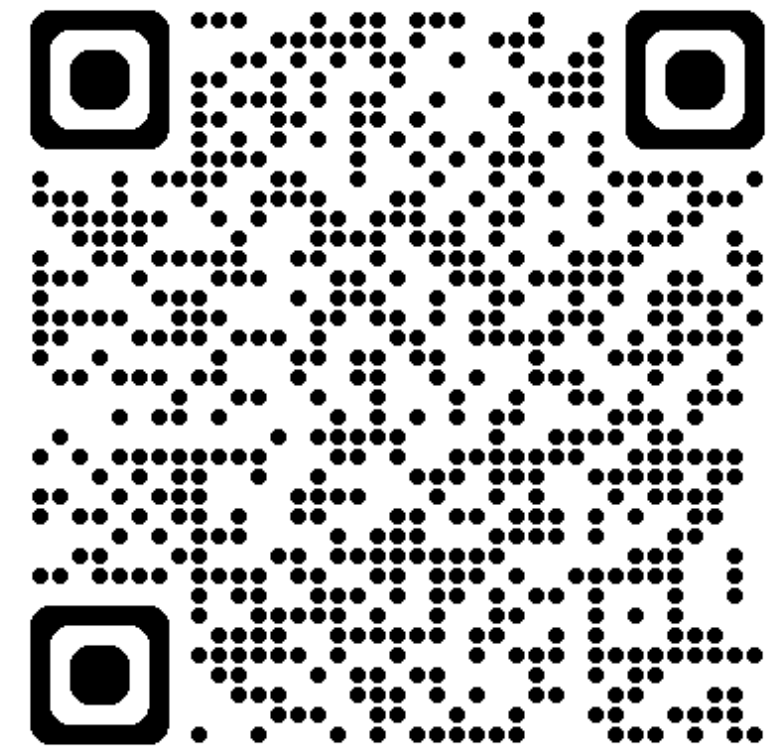


02

The Index

Register of children and young people with additional needs and can keep families up to date with services, support and activities across Cardiff

www.cardiffamilies.co.uk/the-index/





LOOKING FOR DISABILITY BENEFIT ADVICE?

If you have a child with a disability or are under 25 with a disability, our Families First Disability Benefit Support Team can offer a variety of specialist advice and support regarding:

- Child Disability Living Allowance
- Employment and Support Allowance
- Limited Capability for Work under Universal Credit
- Personal Independence Payment
- Carer's Allowance

We provide specialist advice and assistance with completing claim forms, Mandatory Reconsiderations and appeals, and where appropriate provide representation at Tribunal hearings.

We offer face to face appointments, telephone appointments and home visits.

For further information, email disabilitybenefitsupport@cardiff.gov.uk or call our Advice Line on **02920 871 071**







Money Advice Cardiff

Cardiff Money Advice can offer help and support in a number of areas such as budgeting, income maximisation and managing debt.

 Cardiff Money Advice Service

tel:02920 871 071

www.cardiffmoneyadvice.co.uk



Tù Vida

Supporting your life

Direct Grants

Register to be notified when
they reopen applications



ALNHelpline@Cardiff.gov.uk
029 2087 2731

ALN Information,
Advice & Guidance



Education Help/Support

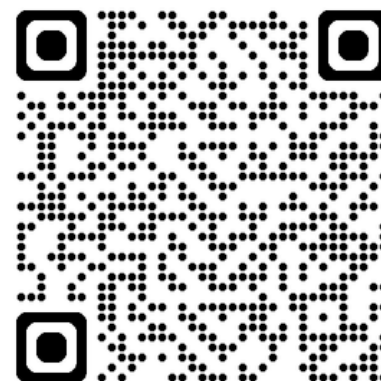


Cardiff Independent Advocacy Service

Email:

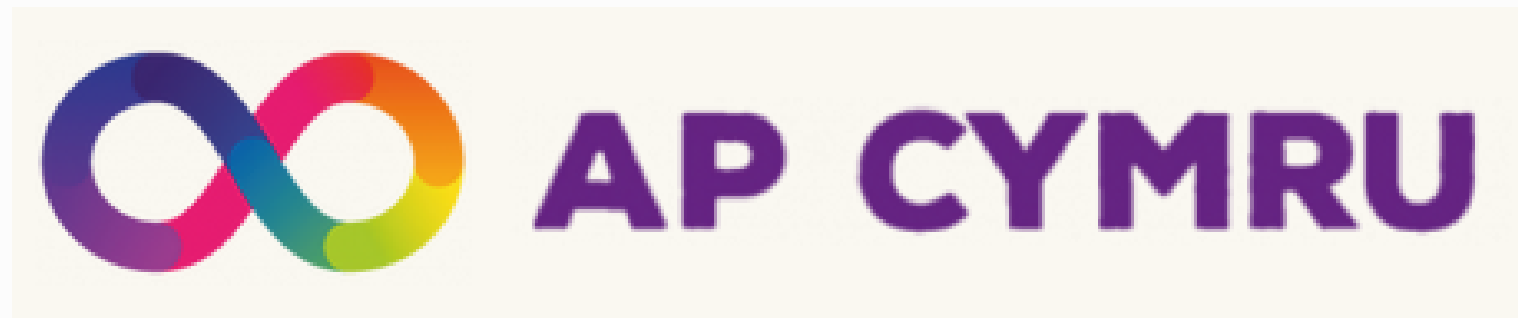
Cardiff.advocacy@snapcymru.org

Provide your name and contact details and a member of the team will get back to you within 5 working days.

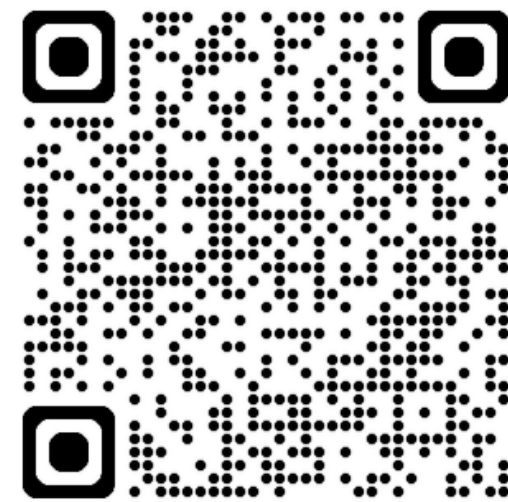
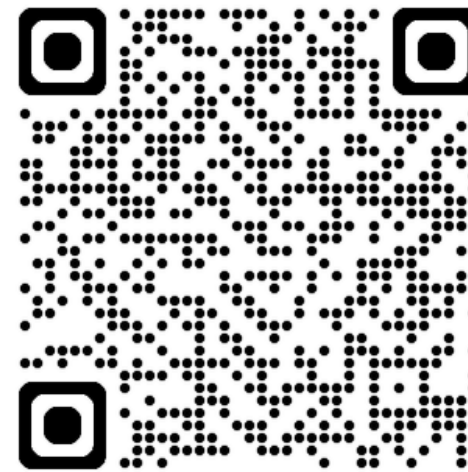


www.snapcymru.org

Community Groups

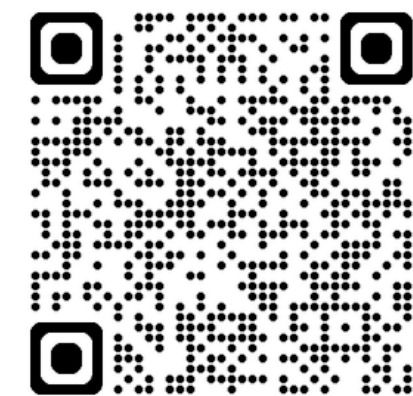


www.apcymru.org.uk



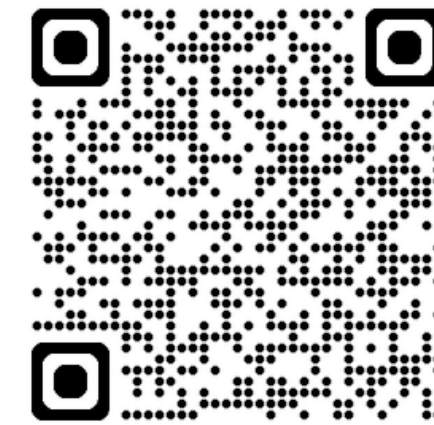
<https://www.thrivecardiff.org/index.php>

[Rewild Play](#)

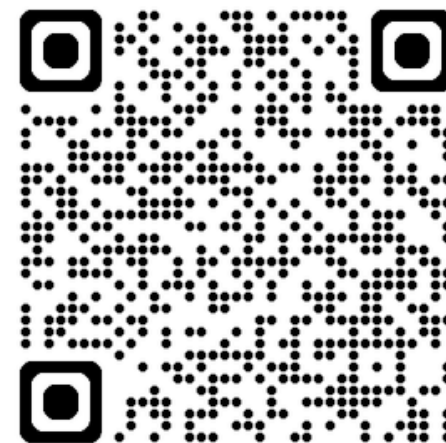
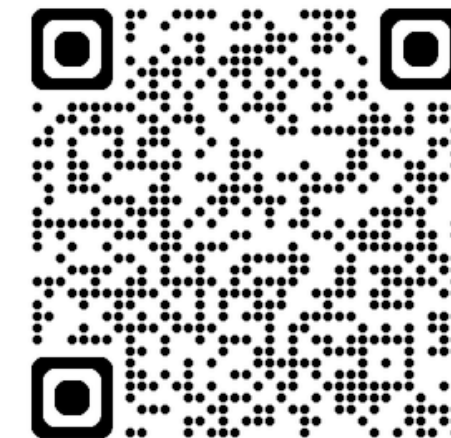


Behaviour Help/Support

Understanding Behaviour That Challenges Webinar



**Behaviour
Support Hub**
behavioursupporthub.org.uk




<https://mediaacademycymru.wales/parallel-lives/>

Self-referral or via a professional

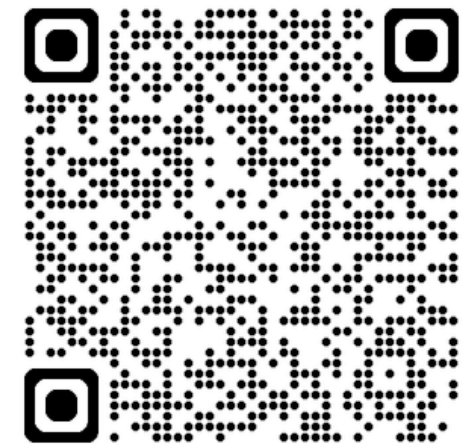
Communication Help/Support

Children's Speech and Language Therapy



Keeping Me Well
Cardiff and Vale University Health Board

keepingmewell.com/childrens-support-services/childrens-speech-and-language-therapy/



www.afasic.org.uk/slcn/



Speech and Language UK
Changing young lives.

speechandlanguage.org.uk/help-for-families/

Occupational Therapy



keepingmewell.com/childrens-support-services/occupational-therapy-for-children-and-young-people/

We have developed resources to empower families with ideas and advice and also have produced two 30 minute video workshops:

Understanding How Children Develop Occupations

Understanding How Children Use Their Senses To Regulate For Learning And Play

Please scan this QR code to find out more about the service.

Occupational Therapy for Children & Young People
Therapi Galwedigaethol i Blant a Phobl Ifanc

Advice Line

Tel: 02921 836888



Who can access the Advice Line: Parents, teachers, health or social care professionals of children and young people who live in Cardiff and Vale and who want to find out how to support participation in, and development of occupational skills.

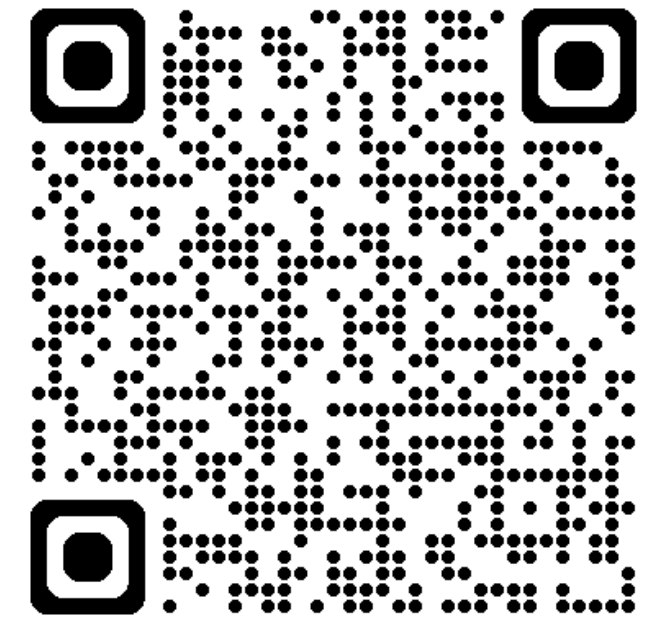
What can I expect: You will talk with an occupational therapist who will aim to provide you with practical advice, strategies, signposting and support which will enable you and your child to progress daily living skills.



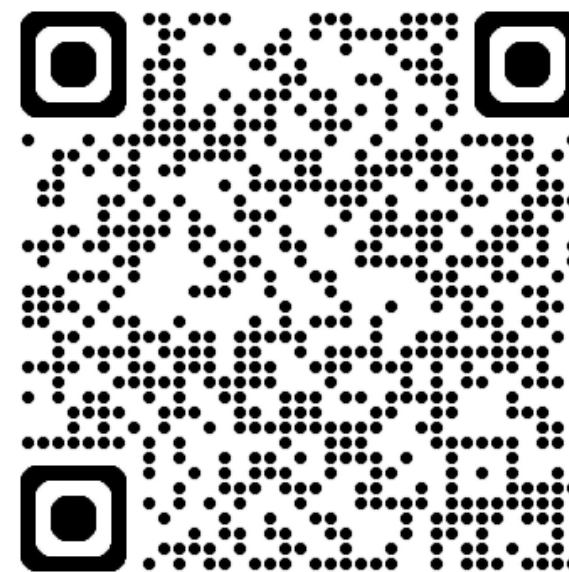
Before you call, scan the QR code to find out more about occupational therapy for children and young people and to access our online resources.

When is the Advice Line available: Tuesday and Thursday between 12.00 and 2.00pm

Sleep Help/Support

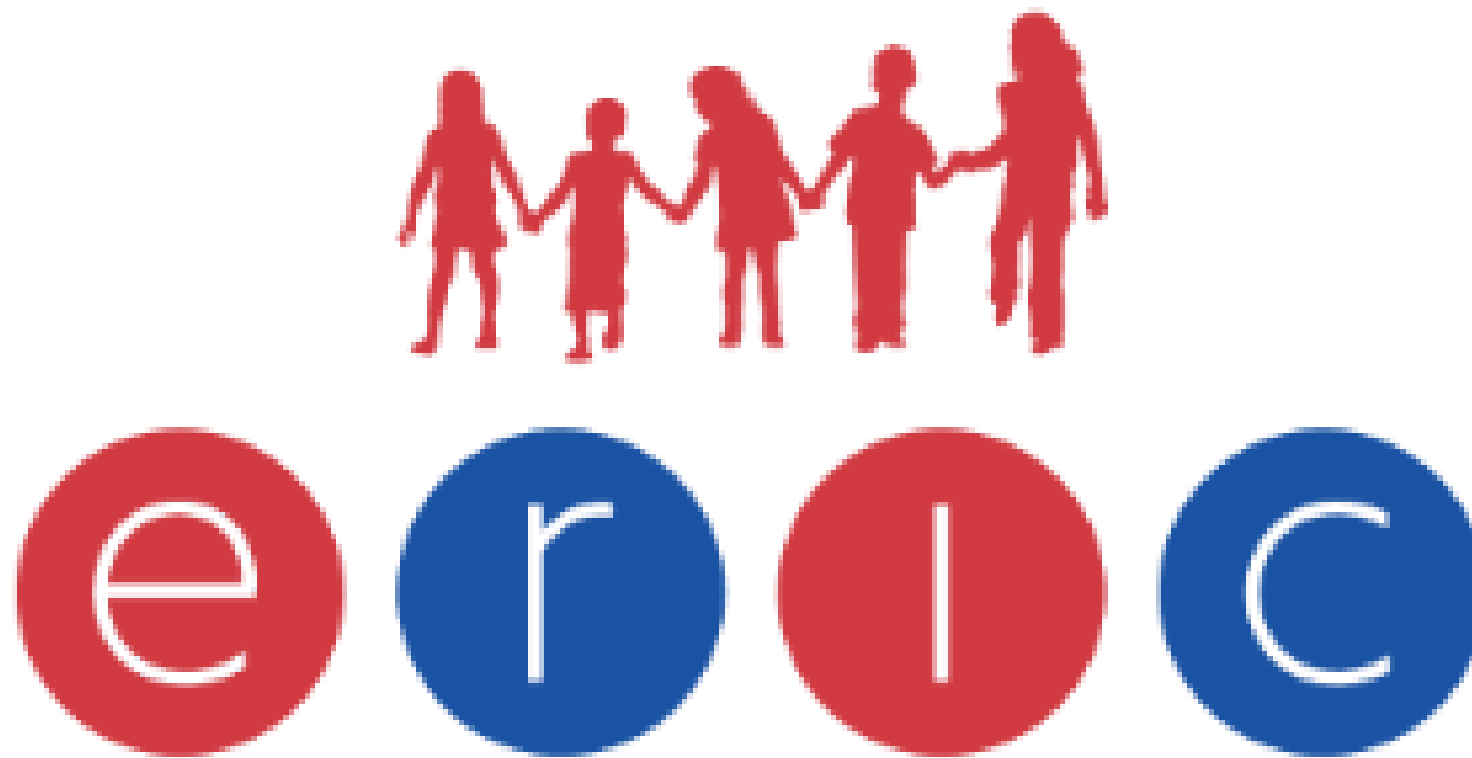
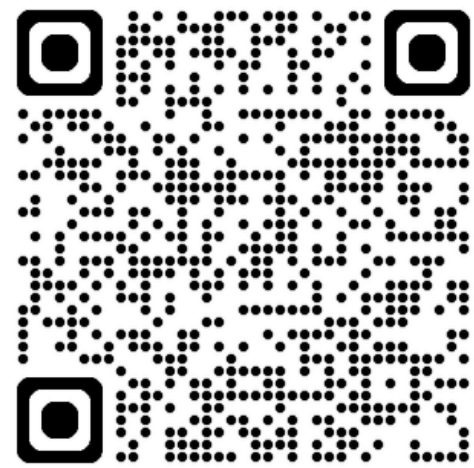


cerebra.org.uk/get-advice-support/sleep-advice-service/



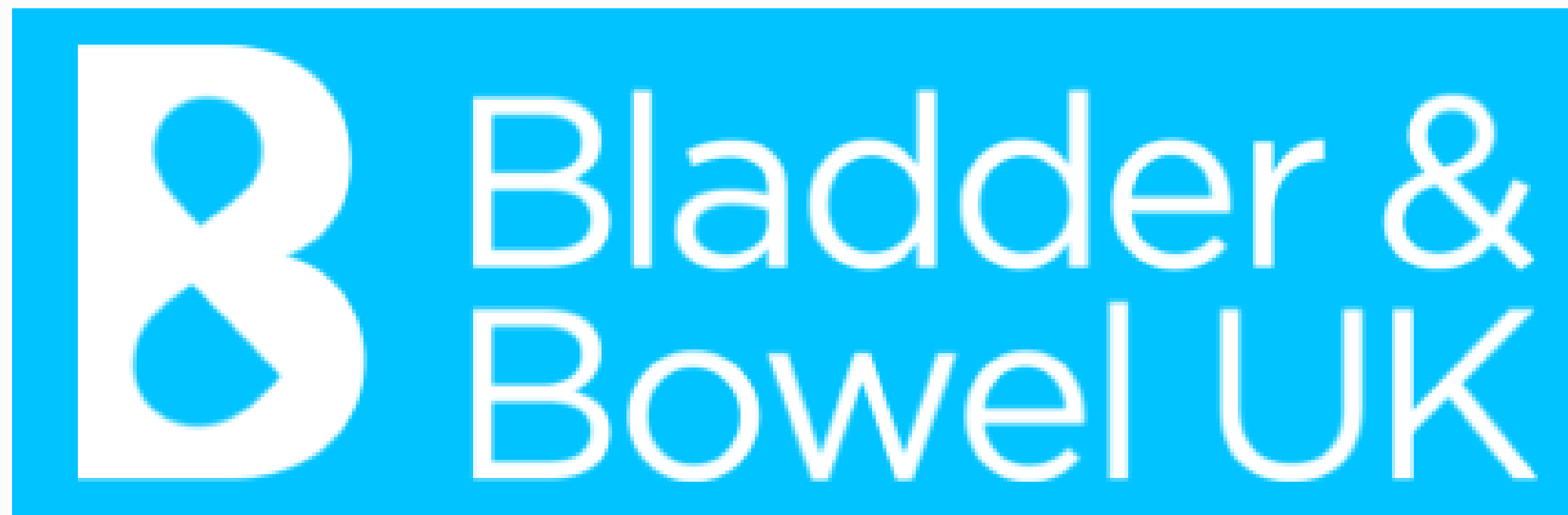
thesleepcharity.org.uk/information-support/children/

Toileting Help/Support



The Children's Bowel & Bladder Charity

eric.org.uk/children-with-additional-needs/



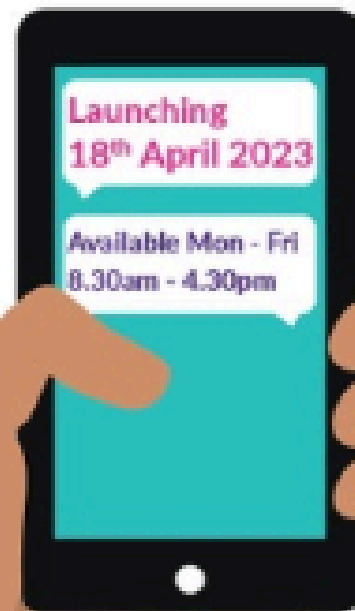
www.bbuk.org.uk/children-young-people/



parent line

If you're a parent or carer of a 5-11 Year Old
Text your school nurse on
07312 263178
For confidential advice and support

This will be a text in service for parent to access their school nurse to help with a wide range of health problems. This won't be a diagnostic service but we can give advice on....



emotional wellbeing
soiling day and
healthy night time
eating behaviour wetting
continence
relationships



We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we received your text. Texts will not be seen outside normal working hours. If you need help before you hear back from us, contact your GP, nearest walk in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). To prevent the health professional from sending messages to you, text STOP to our number. Messages are charged at your usual rates.



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Neurodevelopmental Service

Wellbeing, parent/carer support



www.carersuk.org/wales



www.parentsfed.org



[Family Wellbeing Service Cardiff | Barnardo's](#)



www.affinityhub.uk/1/Welcome.html

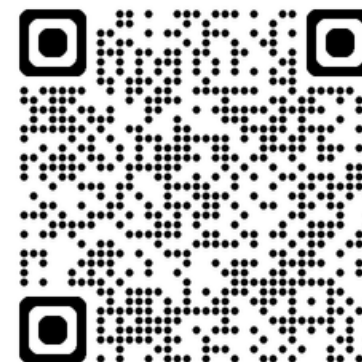


<https://parents.actionforchildren.org.uk/about/parent-talk-cymru/>



Cymru

[Home-Start Cymru | Because childhood can't wait](#)
<http://homestartcymru.org.uk>



Caerdydd a'r Fro
Cardiff and Vale

Coleg Adfer a Lles
Recovery & Wellbeing College

<https://cavuhb.nhs.wales/recovery-college>



contact *For families
with disabled children*



Contact Cymru

Helpline 0808 808 3555

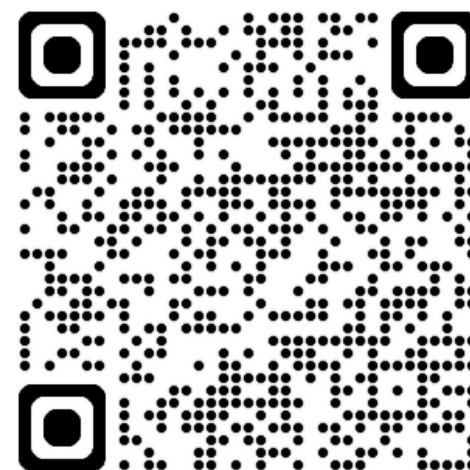
Eventbrite Page



Parent/carer free Workshops

www.eventbrite.co.uk/cc/contact-cymru-3039619

Listening Ear Service
Parent/carer emotional
Support



ARE YOU A STRUGGLING PARENT CARER?

Our FREE Building Resilience service is here for you!

We provide emotional support, advice and ideas to help you cope.
Appointments are free, confidential and over the phone or online with one of
our friendly family support advisers.

Emotional support | Signposting to local services
Build resilience | Get motivated!

Our parent advisers are all parents of children and young people with
disabilities, plus they have a huge wealth of professional experience.

To find out more, please contact

sophie.barker@contact.org.uk **07990 234 440**



contact *For families with disabled children
I deuluoedd gyda phlant anabl*

Contact is a trading name of Contact a Family. Charity registered in England and Wales (284912) and Scotland (SC039169).



Self-Referral Form

**Do you need support with
your child's emotional
and mental health?**



**We offer support and
a listening ear to help
you navigate your
families wellbeing
and mental health.**

We provide:

- Free confidential one to one support from a trained parent volunteer over 6 to 8 weeks
- Advice, guidance and signposting as well as access to online services and group support

**For more information about this service, please email
CharlotteW@familylives.org.uk or call on 07739 788115**

We build better family lives together

www.familylives.org.uk

 **@familylives**



**GIG
CYMRU
NHS
WALES**
Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

CYPF PPIT



**Emotional Wellbeing
& Mental Health
Lles Emosïynol ac
Iechyd Meddal**

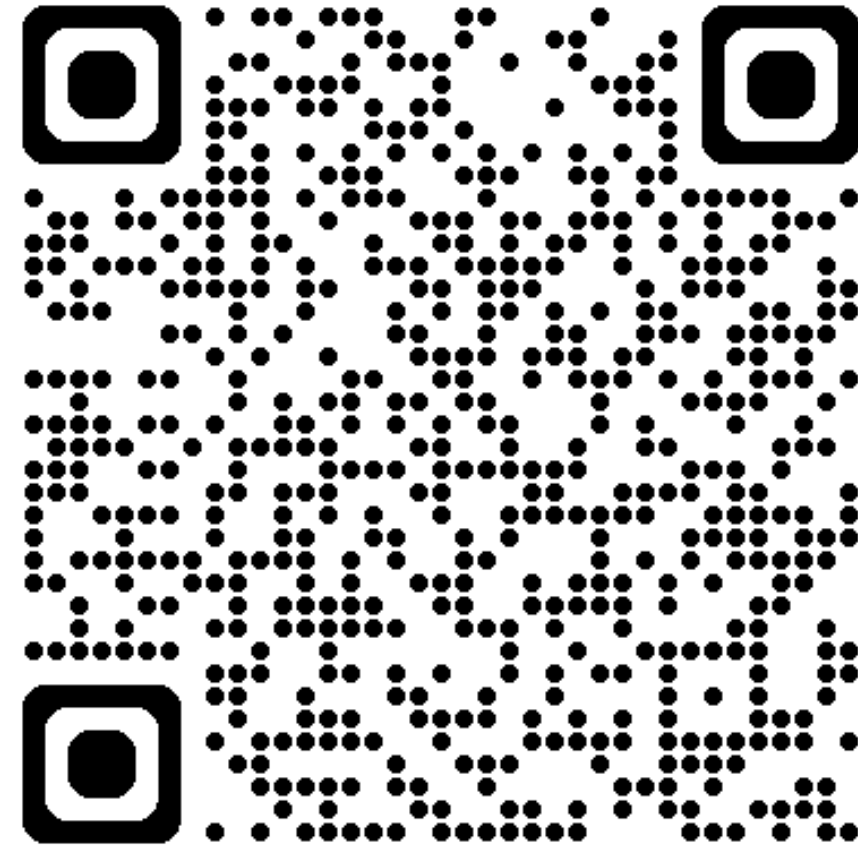
Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No.1077722.
Registered address: The Annex York House, Salisbury Square, Hatfield, Hertfordshire, AL9 5AD



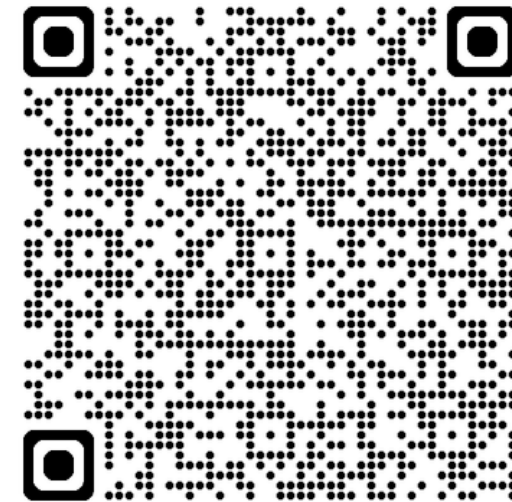
**Gwasanaeth Niwroddatblygiadol
Neurodevelopmental Service**

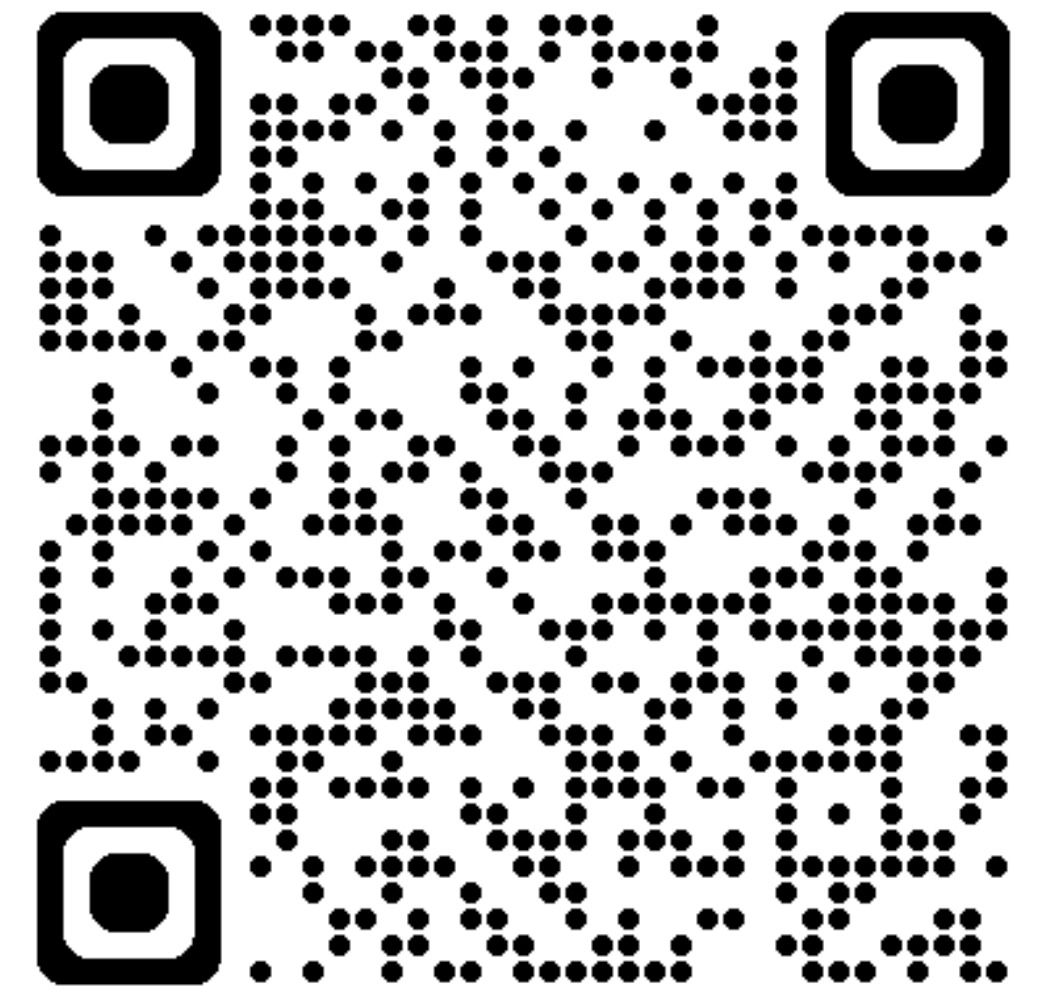


neurodivergencewales.org/en/



[Parent & carer virtual](#)
[advice sessions](#)

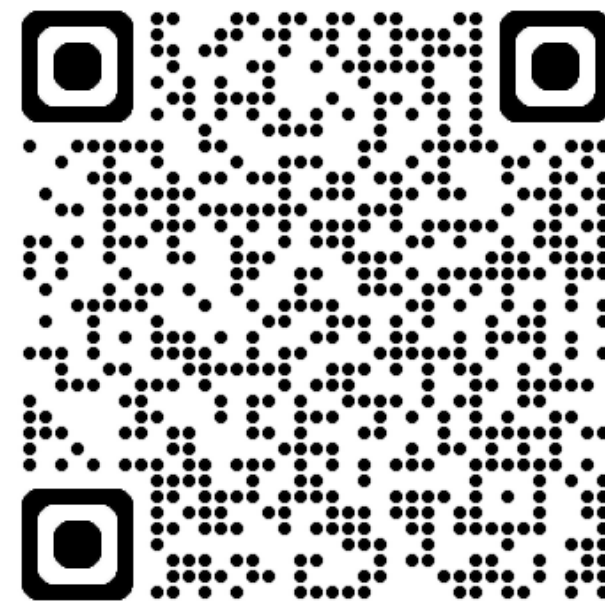




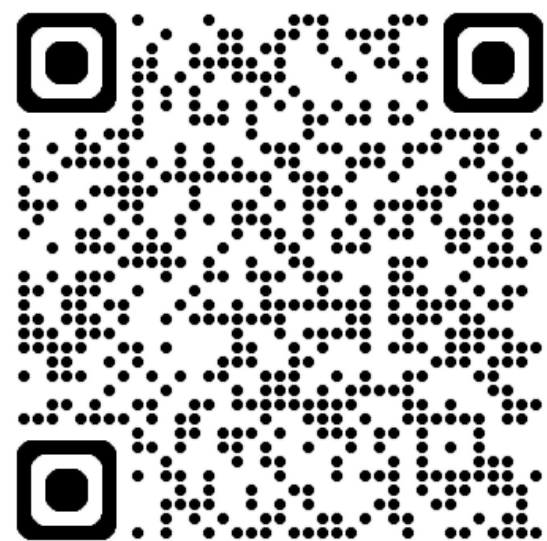
<https://www.adhdfoundation.org.uk/>



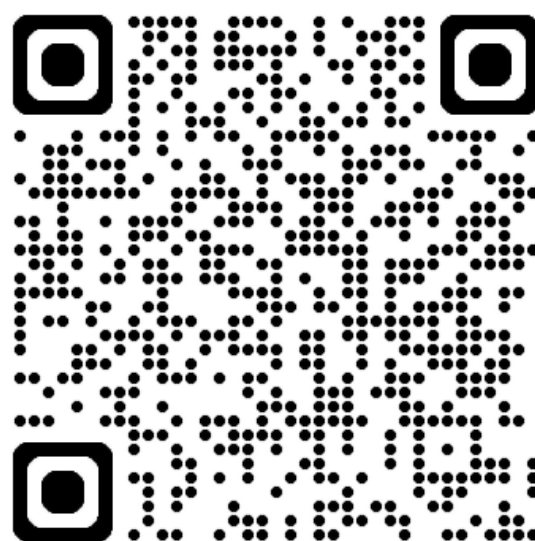
National Autistic Society



<https://www.autism.org.uk/>



[Diagnosis Advice
& Guidance](#)



[Cardiff and Vale Branch](#)



cardiffvale.branch@nas.org.uk



[Facebook group CAVNAS](#)
[Request to join private group link](#)



Gwasanaeth Niwroddatblygiadol
Neurodevelopmental Service



Autism Globe

ACCEPT UNDERSTAND LOVE

Autism Globe is run by parents of autistic children. We welcome anyone who is looking for advice and support.

OUR SERVICES:



COFFEE MORNINGS

Meet other parent carers and share your experiences with each other.



DROP-IN SESSIONS

Face to face advice and support for parent carers.



PHONE SERVICE

An anonymous hotline for parent carers who prefer advice and support over the phone.



WORKSHOPS

Gain new skills and knowledge.



CHILDREN PLAY SESSIONS

Autism friendly play sessions exclusively for children with autism.

Date and times to be confirmed.

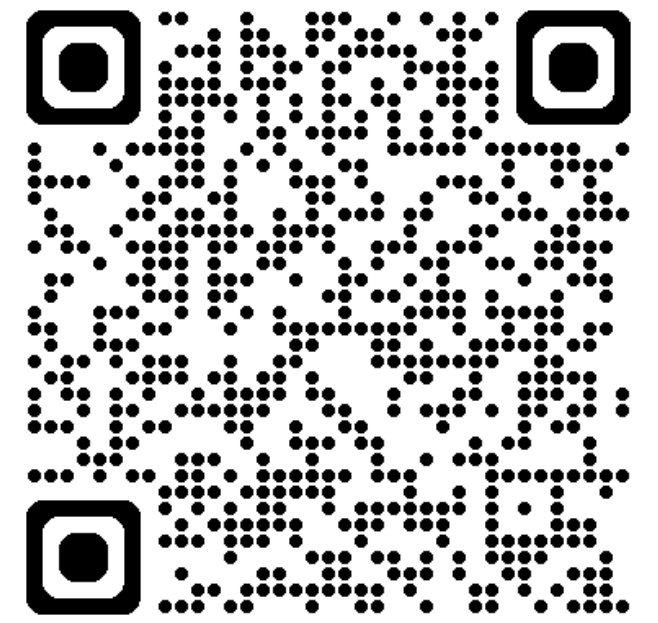
For further information please follow us on:



Autism Globe



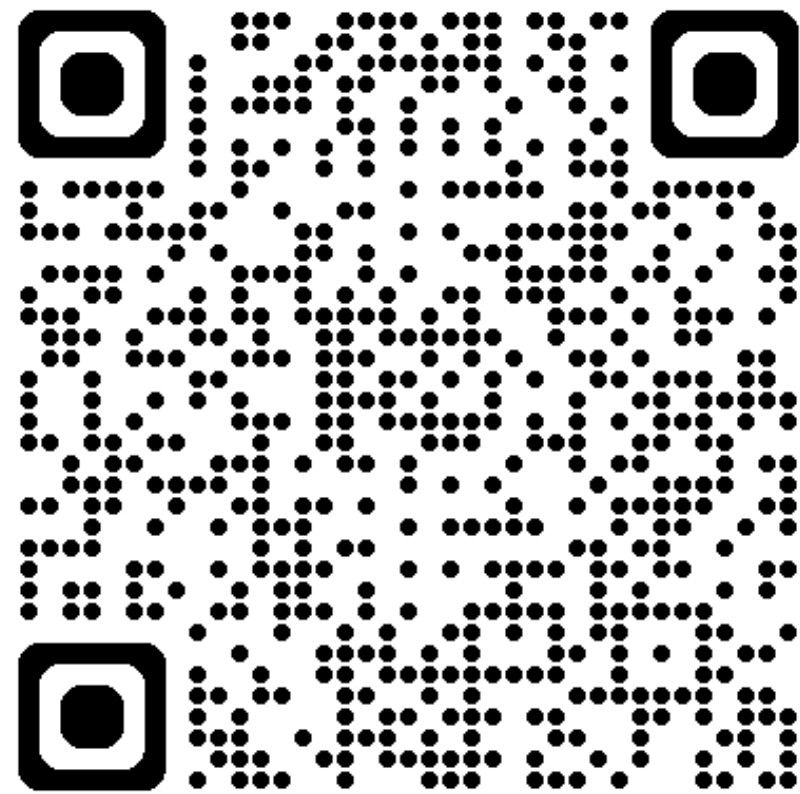
autism.globe



Workshops
Play activities and therapies
Advocacy

Chinese/English Bilingual Autism
FlipBook

HIDDEN disabilities



A symbol for non-visible disabilities (hdsunflower.com)

Radar Key

Blue Badge

Children Under 5



One Group Grŵp Un

Are you the parent or carer of a child, birth to five, with an additional need? If so, join us at one of our groups to meet new people and have a cuppa and a chat.

No diagnosis or referral needed!

It's fun, friendly and free!

These groups provide an opportunity to meet other parents and children and get advice from Health, Education, Social Care and more.

Groups are run **school term time only**

029 20 872717

<https://www.cardiff.gov.uk/ALN>

Find us on Facebook **Grwp 1 Group**

Find us on Instagram **Grwp1Group**

Cymraeg

Logos: Cardiff Council, GIG Cymru NHS Wales, Cardiff and Vale University Health Board, Makaton

E-PAtS - Early Positive Approaches to Support

8-week programme for families raising a young child (5 years and under) where developmental delay has been suggested.

Contact Health Visitor.



Cardiff and Vale University Health Board, Children's Speech and Language Therapy team know that parents and carers are the best people to support children's speech and language skills.

If you would like some tips on ways to help your child's communication skills, you can contact our advice line.

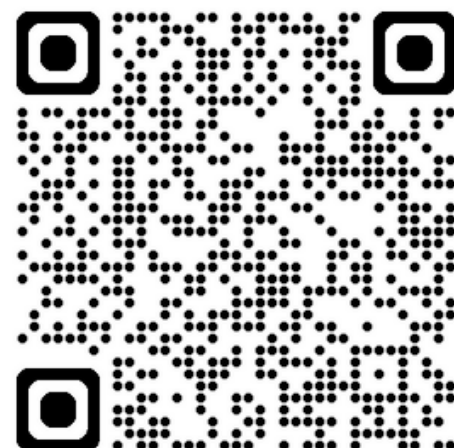
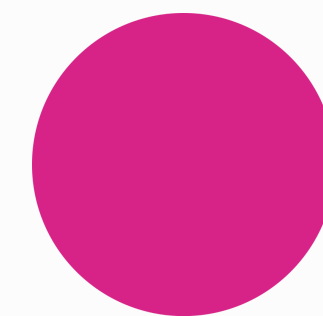
The Families First Speech and Language Therapist will be able to give helpful information about how talking develops and suggest activities which you can do to encourage play skills, understanding of language, using words and general communication.

Give us a ring on **02921 836 585** so we can get communicating together

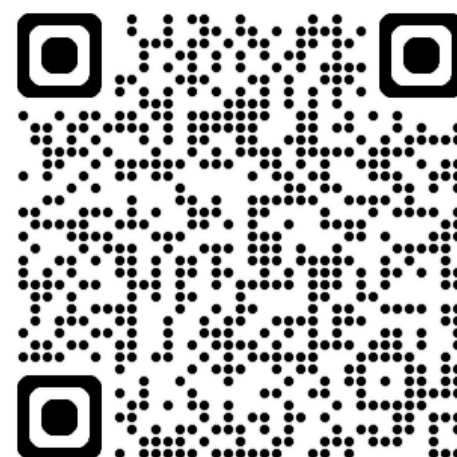
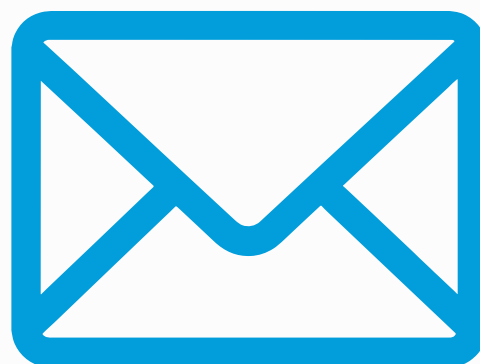
Logos: GIG Cymru NHS Wales, Cardiff and Vale University Health Board



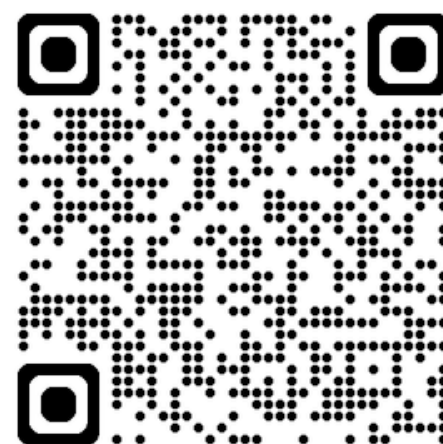
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cavyoungneurodevelopment.wales



[Contact Form](#)

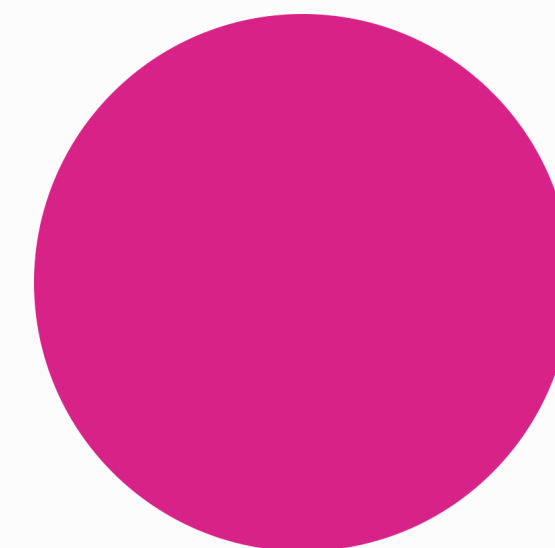
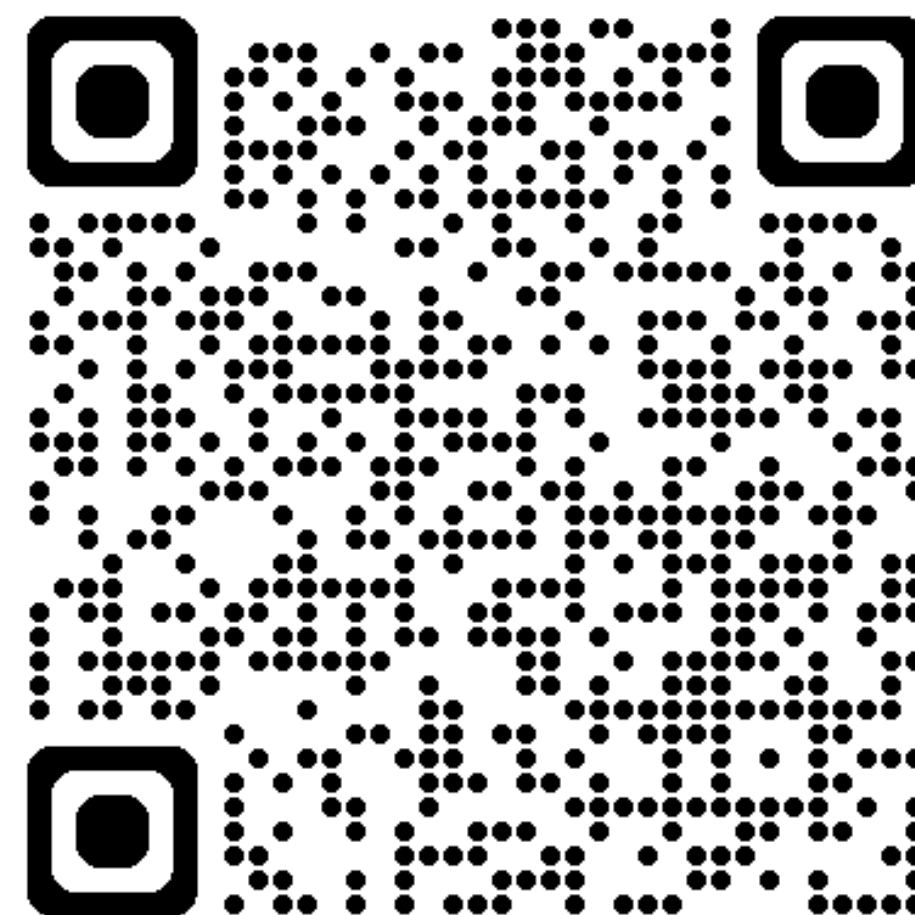


[Frequently Asked Questions](#)



Gwasanaeth Niwroddatblygiadol Neurodevelopmental Service

Community Connectors 



Email:

nd.communityconnections.cav@wales.nhs.uk

Community Connectors

Padlet



Padlet

ndcommunityconnectionscau • 39m

Inclusive Services, Support & Resources - Cardiff and Vale of Glamorgan

This padlet has been designed to signpost parent/carers to services and support on a needs led basis. None of the services require an ND diagnosis to access the support.

Neurodevelopmental Service

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Cardiff & Vale ND Service Website



Cardiff Council

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Cardiff Family Gateway


cardiffamilies.co.uk
Cardiff Family Gateway - Cardiff Family Advice and Support
Cardiff Family Gateway
Call: 03000 133 133
Can refer to many different services including the family help disability

Vale of Glamorgan Council

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Families First Advice Line


Teuluoedd Yn Gyntaf | FAMILIES FIRST Advice Line
ALL CYNGOR

Neurodivergence (ADHD and/or Autism)

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Short Article - What is Neurodiversity?


witherslackgroup.co.uk
What Is Neurodiversity? - Witherslack Group

Neurodivergence Wales



Gwasanaeth **Niwroddatblygiadol**
Neurodevelopmental Service

Summary

There is support available whilst you are on the waiting list.

Your child does not need to have a diagnosis to access this support.

Thank You!

Community Connectors -
Neurodevelopmental Drop-in Post
Session Survey 2024

