

Y Gwasanaeth Niwroddatblygiadol

SESIWN CYSYLLTWYR CYMUNEDOL

Libby Williams
Joanne Challenger
Sarah Halliday



Pwy ydym ni?



Prosiect **peilot** a ariennir gan Lywodraeth Cymru.

Cefnogi teuluoedd/gofalwyr plant 0-11 oed sydd **ar y rhestr aros** i gael asesiad Niwroddatblygiadol

Cyfeirio at **wasanaethau** a **chymorth** y gellir cael mynediad atynt **heb ddiagnosis ffurfiol**.

Cyflwyno **sesiynau galw heibio** sy'n benodol i'ch ardal **leol**



Gwasanaethau + Cymorth

CAERDYDD

01

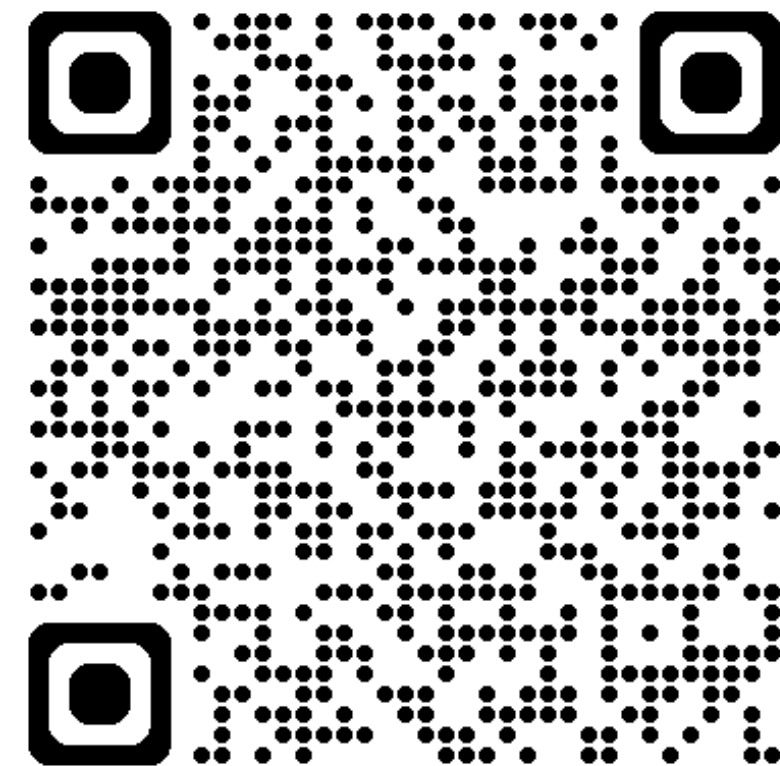
Porth i Deuluoedd

Rhif ffôn: 03000 133 133

Yn gallu cyfeirio at lawer o wasanaethau gwahanol gan gynnwys y tîm cymorth anabledd i deuluoedd, grwpiau rhianta, cymorth ariannol, tai, cymorth 1:1, grwpiau chwarae ac aros.

www.cardiffamilies.co.uk

Cardiff Family Advice and Support

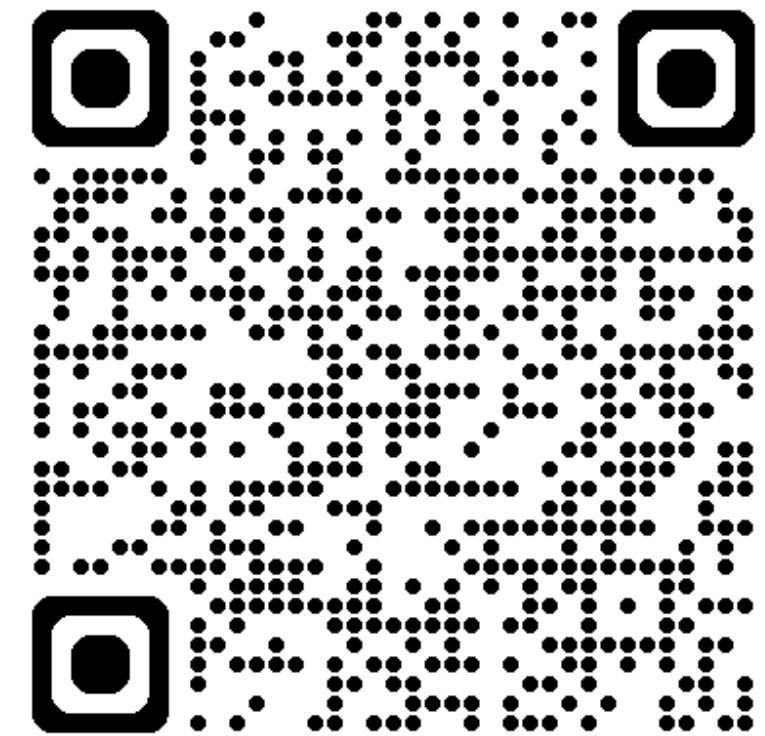


02

Y Mynegai

Ofrestr o blant a phobl ifanc ag anghenion ychwanegol er mwyn gallu rhoi'r wybodaeth ddiweddaraf i deuluoedd am wasanaethau, cymorth a gweithgareddau ledled Caerdydd.

[www.cardiffamilies.co.uk/
the-index/](http://www.cardiffamilies.co.uk/the-index/)



CHWILIO AM GYNGOR AR FUDD-DALIADAU ANABLEDD?

Os oes gennych blentyn gydag anabledd neu os ydych dan 25 oed gydag anabledd, gall Tîm Cymorth Budd-daliadau Anabledd Teuluoedd yn Gyntaf gynnig amrywiaeth o gyngor a chymorth arbenigol yn ymwneud â'r canlynol:

- Lwfans Byw i'r Anabl i Blant
- Lwfans Cyflogaeth a Chymorth
- Credyd Cynhwysol Gallu Cyfyngedig i Weithio
- Taliad Annibyniaeth Bersonol
- Lwfans Gofalwr

Rydym yn cynnig cyngor a chymorth arbenigol gyda llenwi ffurflenni cais, Ailystyriaethau Gorfodol ac apeliadau, a phan fo'n berthnasol yn cynrychioli unigolion mewn gwrandawriadau Tribiwnlys.

Rydym yn cynnig apwyntiadau wyneb i wyneb, apwyntiadau ffôn ac ymweliadau â'r cartref.

I gael mwy o wybodaeth, e-bostiwch cymorthbudd-dalanabledd@caerdydd.gov.uk neu ffoniwch ein Llinell Gyngor **02920 871 071**



Rhif ffôn: 02920 871 071

www.cardiffmoneyadvice.co.uk





ALNHelpline@Cardiff.gov.uk

029 2087 2731

Grwpiau Cymunedol



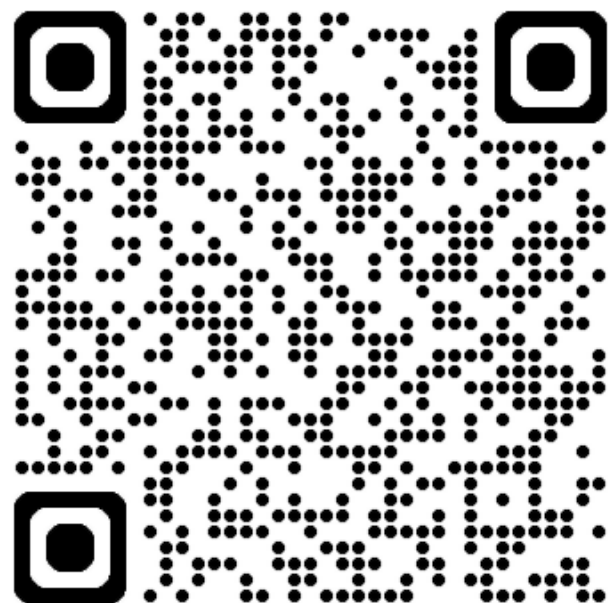
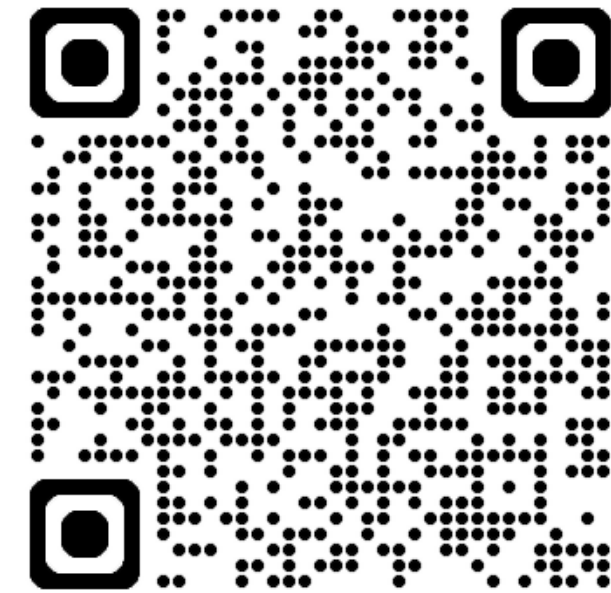
valueinthevale.com/charities/life/

Cymorth gydag Ymddygiad Heriol



**Behaviour
Support Hub**

behavioursupporthub.org.uk



**The Challenging
Behaviour Foundation**

www.challengingbehaviour.org.uk

Cymorth gyda Chyfathrebu

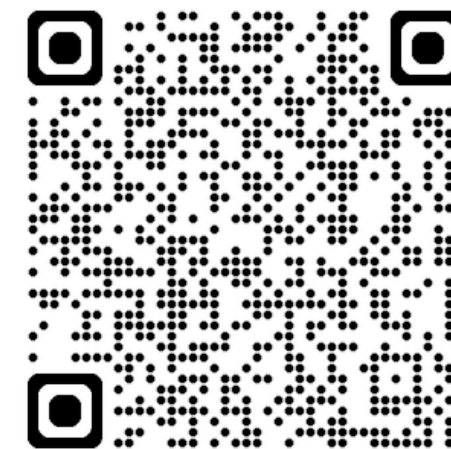
Children's Speech and Language Therapy



Keeping Me Well

Cardiff and Vale University Health Board

keepingmewell.com/childrens-support-services/childrens-speech-and-language-therapy/



Afasic
voice for life

www.afasic.org.uk/slcn/

Speech and Language UK

Changing young lives.

speechandlanguage.org.uk/help-for-families/



Therapi Galwedigaetho



keepingmewell.com/childrens-support-services/occupational-therapy-for-children-and-young-people/

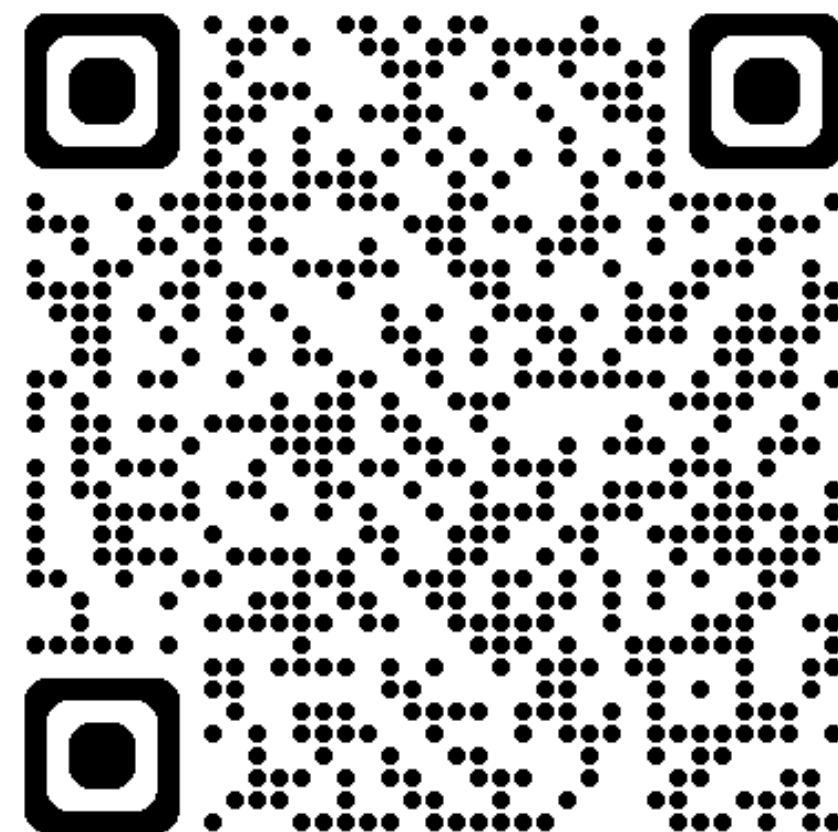
Rydym wedi datblygu adnoddau i rymuso teuluoedd, gyda syniadau a chyngor, yn ogystal â chynhyrchu dau weithdy fideo 30 munud:

Deall sut mae plant yn datblygu galwedigaet

Deall sut mae plant yn defnyddio eu synhwyrau i reoleiddio ar gyfer dysgu a chwarae.

Sganiwch y cod QR hwn i ddarganfod mwy am ein gwasanaeth

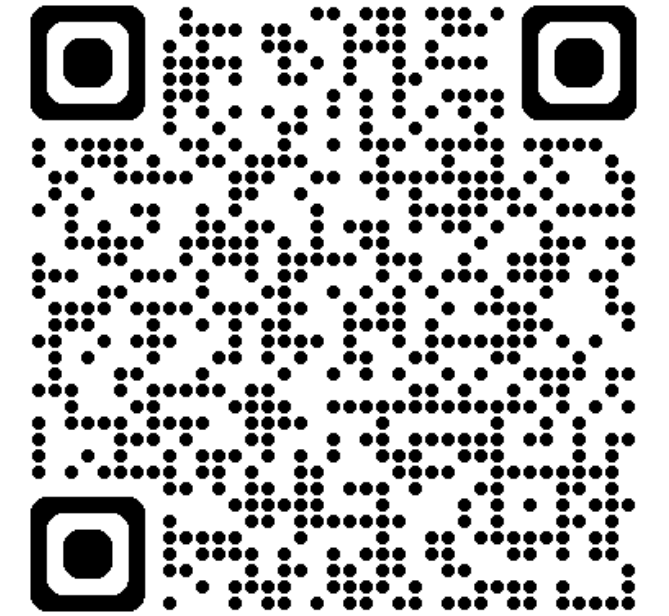
Cymorth gydag Addysg



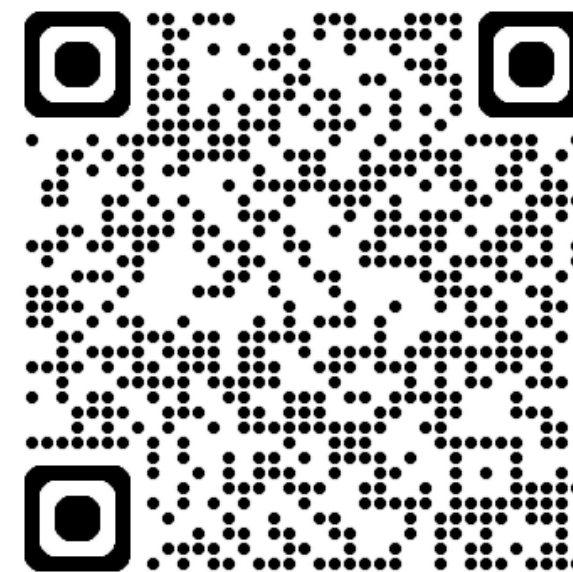
www.snapcymru.org

0808 801 0608

Cymorth gyda Chwsg

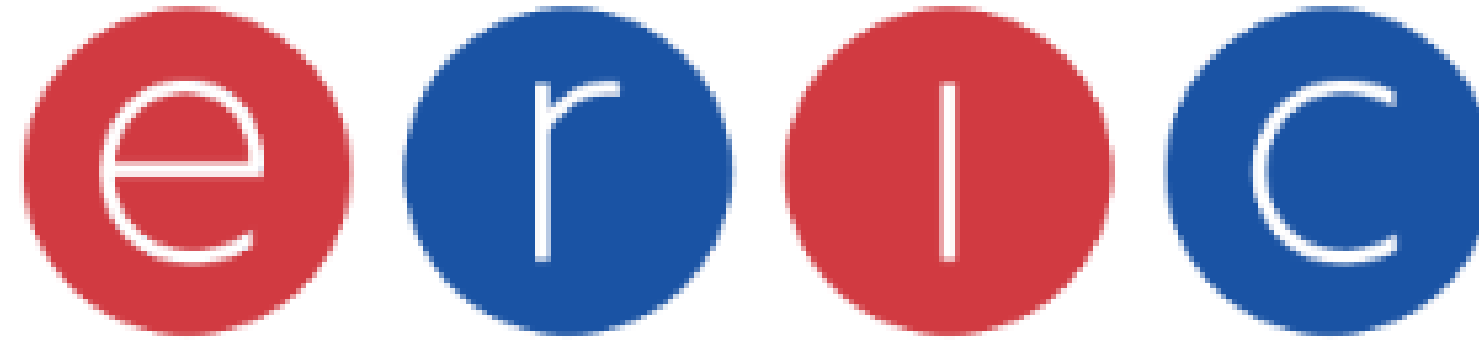
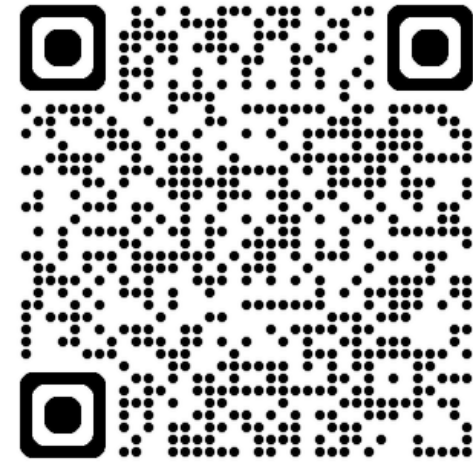


cerebra.org.uk/get-advice-support/sleep-advice-service/

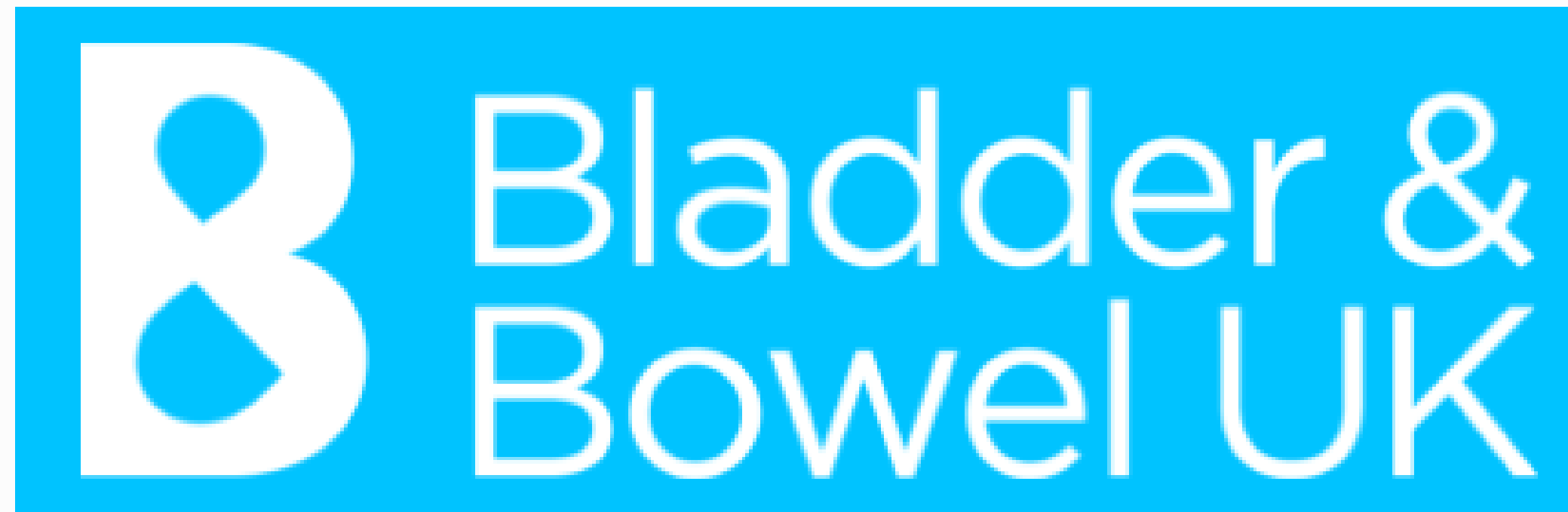


thesleepcharity.org.uk/information-support/children/

Cymorth gyda Defnyddio'r Toiled



The Children's Bowel & Bladder Charity
eric.org.uk/children-with-additional-needs/

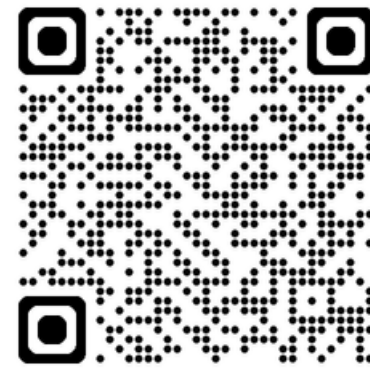


www.bbuk.org.uk/children-young-people/

Lles a chymorth i rieni/gofalwyr



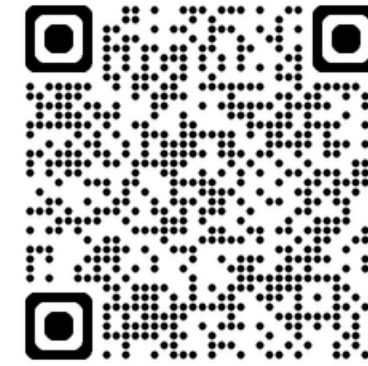
www.carersuk.org/wales



www.parentsfed.org



<https://parents.actionforchildren.org.uk/about/parent-talk-cymru/>



Cymru

[Home-Start Cymru | Because childhood can't wait \(homestartcymru.org.uk\)](http://homestartcymru.org.uk)



www.affinityhub.uk/1/Welcome.html



Cardiff and Vale
Recovery & Wellbeing College



<https://cavuhb.nhs.wales/recovery-college>



Uywodraeth Cymru
Welsh Government

C.A.L.L.



Cymorth Niwroamrywiol drwy Linell Gymorth C.A.L.L. Cymru

Neurodivergence support via the C.A.L.L. Helpline Wales

Os oes gennych bryderon neu ofidiau yn ymwneud â niwroamrywiaeth – ffoniwch neu anfonwch neges destun i Linell Gymorth C.A.L.L. sydd bellach yn darparu llinell wrando sy'n lle diogel, cyfrinachol i siarad am materion yn ymwneud â niwrowahaniaeth. Gallwch hefyd gael eich cyfeirio at lenyddiaeth neu wybodaeth gwasanaeth i gefnogi unigolion niwroamrywiol, eu teuluoedd a'u ffrindiau.

Mae modd defnyddio Llinell Iaith ddehongli i gefnogi galwyr sy'n methu (neu sy'n ffafrio peidio) siarad Cymraeg neu Saesneg.

If you have any worries or concerns relating to neurodivergence – ring or text the C.A.L.L. Helpline who are now providing a confidential listening line which is a safe space to talk about matters relating to neurodivergence. You can also be signposted to literature or service information to support neurodivergent individuals, their families and friends.

An interpretation service Language Line can be used to support callers who cannot (or prefer not to) speak English or Welsh.



Text/Testun: Help a / Help to: 81066



0800 132 737



callhelpline.org.uk

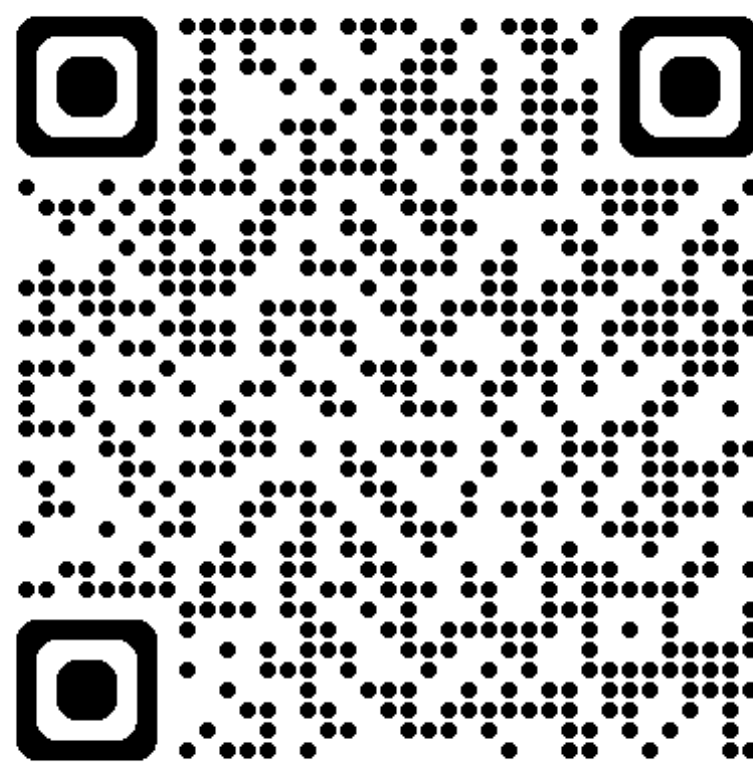


Gwasanaeth Niwroddatblygiadol
Neurodevelopmental Service

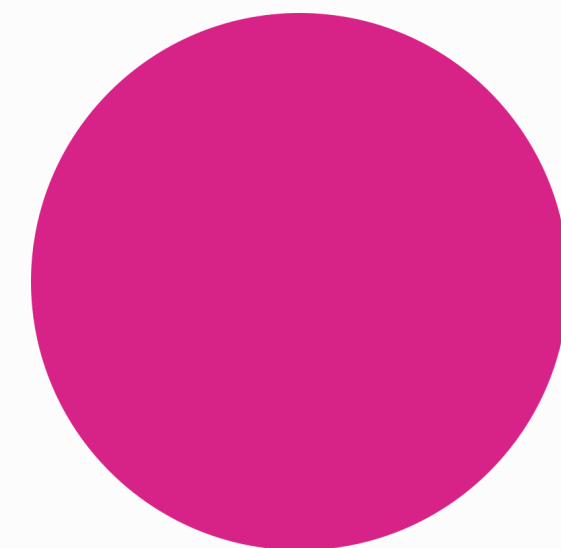


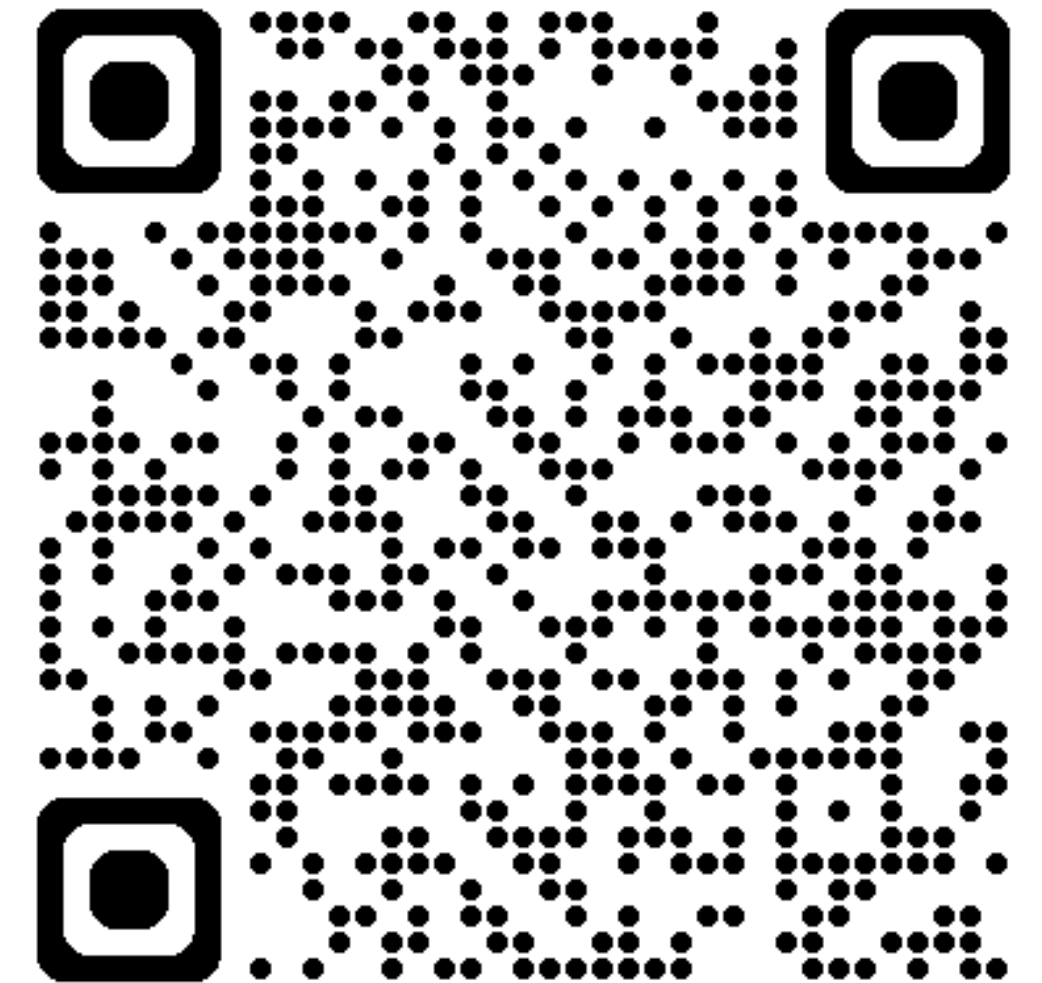
AwtistiaethCymru.org
AutismWales.org

autismwales.org/en/



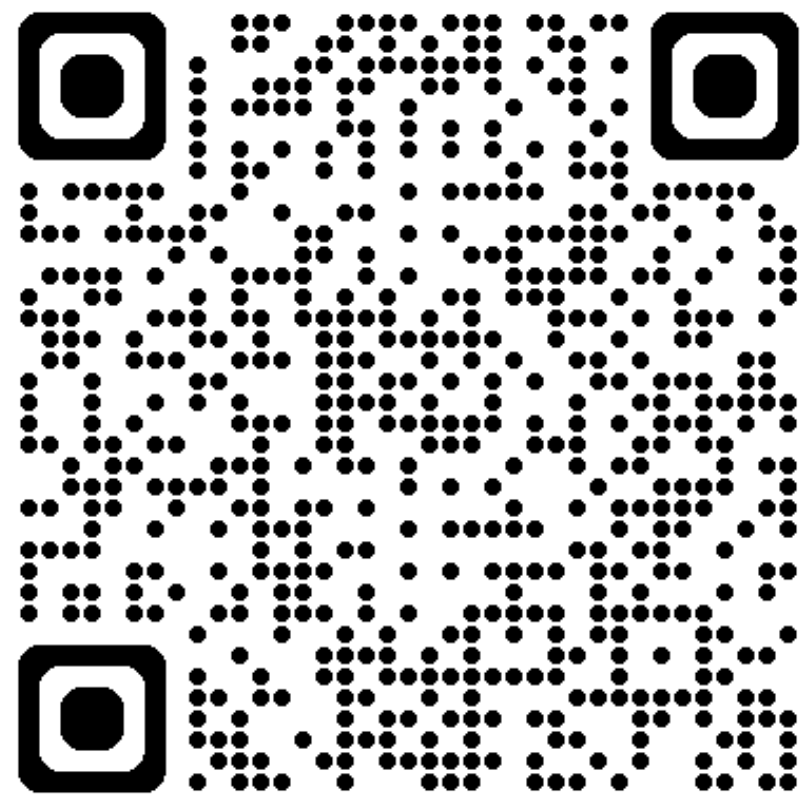
autismwales.org/en/parents-carers/information-for-parents-carers/parents-and-carers-virtual-advice-sessions/





<https://www.adhdfoundation.org.uk/>

HIDDEN disabilities

A logo featuring a bright yellow sunflower with a dark brown center, set against a solid green square background.

A symbol for non-visible disabilities (hdsunflower.com)



Ydych chi'n rhiant
neu'n gofalu am
blentyn hyd at pum
mlwydd oed sydd ag
angen ychwanegol?

Os felly, ymunwch
â ni mewn grwp
rithwir i gwrdd â
phobl newydd a
sgwrsio dros paned

Nid oes angen diagnosis
neu atgyfeiriad!

*Mae'n hwy!
gyfeillgar ac
yn rhad ac
am ddim!*

Cymraeg

Mae'r grwpiau hyn yn rhoi cyfle i gael cyngor
gan weithwyr proffesiynol iechyd, Addysg,
Gofal Cymdeithasol, y Trydydd Sector a mwy.

Cynhelir grwpiau yn ystod y **tymor ysgol yn unig**

029 20 872717

<https://www.caerdydd.gov.uk/ADY>



Darganfyddwch ni ar
Facebook
Grŵp 1 Group



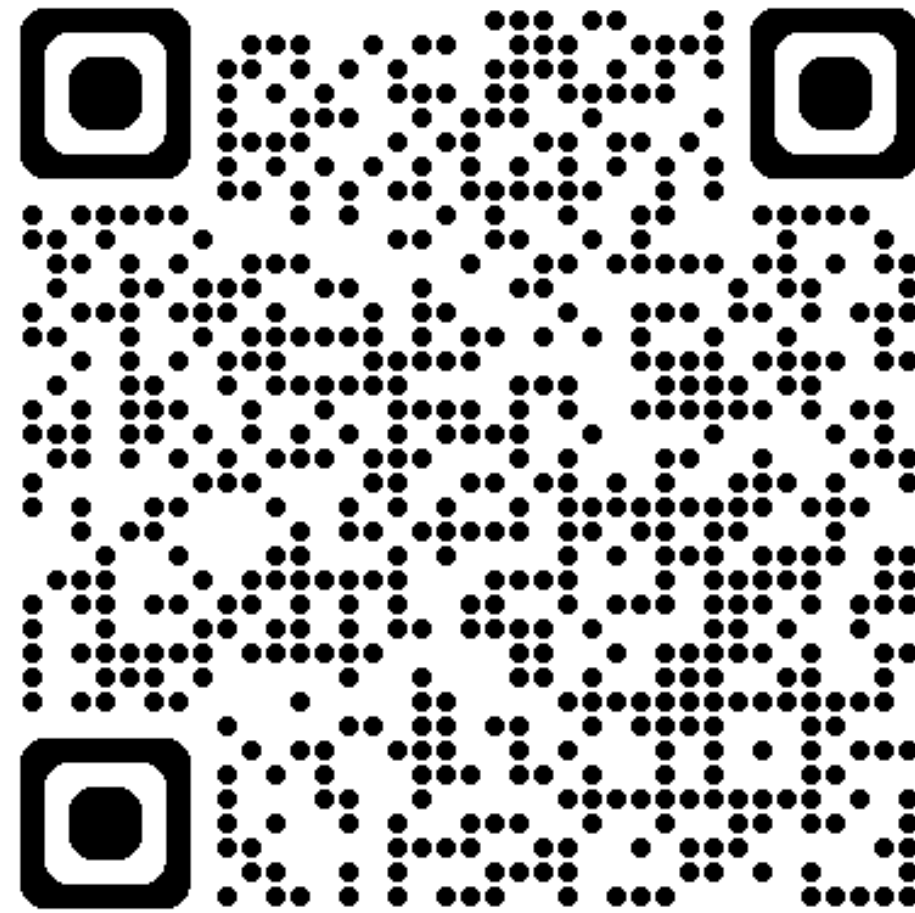
Dewch o hyd i ni
ar Instagram
Grŵp1Group





Gwasanaeth Niwroddatblygiadol Neurodevelopmental Service

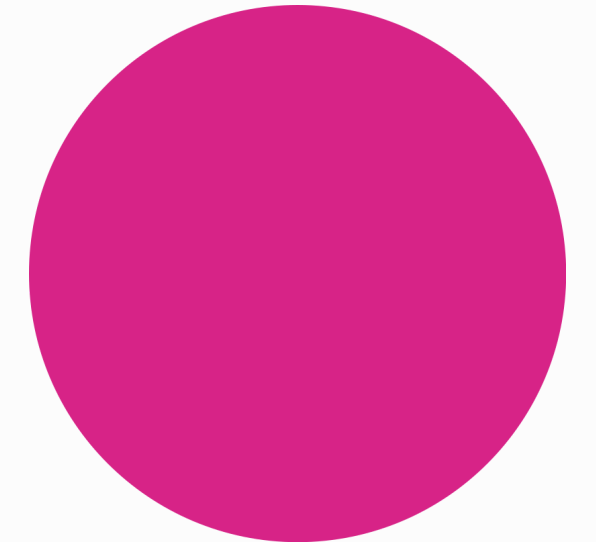
Cysylltwyr Cymunedol



cavyoungneurodevelopment.wales/parents-and-carers/community-connectors/

Email:

nd.communityconnections.cav@wales.nhs.uk





Gwasanaeth **Niwroddatblygiadol**
Neurodevelopmental Service

Crynodeb

Mae cymorth ar gael tra byddwch ar y rhestr aros.

Nid oes angen i'ch plentyn fod â diagnosis er mwyn cael mynediad at y cymorth hwn.

Diolch!

Community Connectors -
Neurodevelopmental Drop-in Post
Session Survey 2024

